

JCTR BASIC NEEDS BASKET

Kasama

November 2017

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Mealie Meal	66.20	2 x 25 Kg	132.40
Beans	13.40	3 Kg	40.19
Kapenta (Dry)	149.30	2 Kg	298.60
Fish (Bream, Dry)	105.00	1 Kg	105.00
Beef	40.12	4 Kg	160.49
Dark Green Vegetables	3.13	4 Kg	12.50
Tomatoes	6.20	4 Kg	24.79
Onion	9.20	2 Kg	18.40
Cooking oil (2.5L)	43.70	3 Litres	52.44
Bread	7.30	1 Loaf/day	218.94
Sugar	24.70	3 x 2 Kg	74.09
Milk	7.10	4 x 500ml	28.39
Tea	56.00	1 Kg	56.00
Eggs	11.10	2 Units	22.20
Salt	5.76	1 Kg	5.76

Subtotal **ZMW 1,250.18**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Charcoal	69.75	2 x 90 Kg bag(s)	139.50
Soap (Lifebuoy/Champion)	9.20	10 Tablet(s)	91.98
Wash soap (BOOM)	9.80	4 x 400g	39.19
Jelly (e.g. Vaseline)	19.80	1 x 500ml	19.80
Electricity (medium density)	178.00	1 x 1month	178.00
Water & Sanitation (med - fixed)	190.00	1 x 1month	190.00
Housing (3 bedroom)	1,125.00	1 x 1month	1,125.00

Subtotal **ZMW 1,783.47**

Total for Basic Needs Basket **ZMW 3,033.65**

Totals from previous months	May 16	June 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	July 17	Aug 17	Sep 17	Oct 17
Amount (K)	4,817.41	4,810.52	4,820.70	4,870.89	4,934.09	5,036.28	5,005.14	2,997.91	3,011.64	2,964.86	2,982.58	-	3,063.23	2,872.80	2,875	2,953.62	2,951.92	2,938.71

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	803.50	Tazara-Town	15.00
Grades 10-12 (User + PTA/year)	803.50	Location-Town	17.00
Grades 10-12 (User + PTA/year)	803.50		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	10.00	Petrol (per litre)	12.97
Self-referral (Emergency Fee)	10.00	Diesel (per litre)	11.09
Mosquito net (private)	20.00	Paraffin (per litre)	9.87

D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,924.54	3,033.65	2,945.15	3,033.33	4,875.93	4,034.11	3,746.55	2,448.90	-	3,668.43	4,035.74	3,534.03	3,773.60	3,654.36	2,866.75

This survey was conducted on 26th – 27th November 2017 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Tazara, chambeshi, chikumanino, Newtown and shoprite around Kasama. The November Basic Needs Basket is approximately US\$301 based upon the exchange rate of K10.09 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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2017-11-30

Kasama November 2017 Basic Needs and Nutrition Basket Report

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