

JCTR BASIC NEEDS BASKET

Choma

November 2017

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

| Commodity | Price (ZMW) | Quantity | Units | Total (ZMW) |
|-----------------------|-------------|----------|----------|-------------|
| Mealie Meal | 62.50 | 2 | x 25 Kg | 125.00 |
| Beans | 22.60 | 3 | Kg | 67.80 |
| Kapenta (Dry) | 139.77 | 2 | Kg | 279.53 |
| Fish (Bream, Dry) | 83.30 | 1 | Kg | 83.30 |
| Beef | 31.00 | 4 | Kg | 124.00 |
| Dark Green Vegetables | 3.05 | 4 | Kg | 12.20 |
| Tomatoes | 6.38 | 4 | Kg | 25.52 |
| Onion | 4.46 | 2 | Kg | 8.92 |
| Cooking oil (2.5L) | 50.32 | 3 | Litres | 60.38 |
| Bread | 8.50 | 1 | Loaf/day | 255.00 |
| Sugar | 25.50 | 3 | x 2 Kg | 76.50 |
| Milk | 7.37 | 4 | x 500ml | 29.47 |
| Tea | 116.20 | 1 | Kg | 116.20 |
| Eggs | 10.30 | 2 | Units | 20.60 |
| Salt | 6.03 | 1 | Kg | 6.03 |

Subtotal **ZMW 1,290.45**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

| Commodity | Price (ZMW) | Quantity | Units | Total (ZMW) |
|----------------------------------|-------------|----------|----------------|-------------|
| Charcoal | 90.00 | 2 | x 90 Kg bag(s) | 180.00 |
| Soap (Lifebuoy/Champion) | 5.07 | 10 | Tablet(s) | 50.67 |
| Wash soap (BOOM) | 9.93 | 4 | x 400g | 39.73 |
| Jelly (e.g. Vaseline) | 20.00 | 1 | x 500ml | 20.00 |
| Electricity (medium density) | 477.51 | 1 | x 1month | 477.51 |
| Water & Sanitation (med - fixed) | 96.00 | 1 | x 1month | 96.00 |
| Housing (3 bedroom) | 1,500.00 | 1 | x 1month | 1,500.00 |

Subtotal **ZMW 2,363.91**

Total for Basic Needs Basket **ZMW 3,654.36**

| Totals from previous months | Jun 16 | July 16 | Aug 16 | Sept 16 | Oct 16 | Nov 16 | Dec 16 | Jan 17 | Feb 17 | Mar 17 | Apr 17 | May 17 | June 17 | July 17 | Aug 17 | Sep 17 | Oct 17 |
|-----------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|---------|----------|----------|----------|----------|
| Amount (K) | 3,569.84 | 3,455.57 | 3,539.27 | 3,622.93 | 3,575.98 | 3,575.83 | 3,717.50 | 3,662.44 | 3,714.90 | 3,597.98 | 3,715.83 | 3,676.25 | 3677.26 | 3,495.46 | 3,619.96 | 3,751.21 | 3,786.76 |

(C) SOME OTHER ADDITIONAL COSTS

| Education | | Transport (bus fare round trip) | |
|------------------------------|--------------|--|--------------|
| Item | Amount (ZMW) | Item | Amount (ZMW) |
| Grades 1-7 (User + PTA/year) | 375.00 | Kalukungu-Town | 14.00 |
| Grades 8-9 (User + PTA/year) | 1,227.50 | | |

| Health | | Fuel (cost at the pump) | |
|----------------------------|--------------|--------------------------------|--------------|
| Item | Amount (ZMW) | Item | Amount (ZMW) |
| Fast Track / High Cost fee | 100.00 | Petrol (per litre) | 12.97 |
| Mosquito net (private) | 60.00 | Diesel (per litre) | 11.09 |
| Malaria test | 40.00 | Paraffin (per litre) | 7.82 |
| Consultation Fee | 100.00 | | |
| CD4 Count | 77.00 | | |

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

| Lusaka | Kasama | Mansa | Mongu | Ndola | Solwezi | Monze | Chipata | Mpika | Luanshya | Kitwe | Kabwe | Livingstone | Choma | Chinsali |
|----------|----------|----------|----------|----------|----------|----------|----------|-------|----------|----------|----------|-------------|----------|----------|
| 4,924.54 | 3,033.65 | 2,945.15 | 3,033.33 | 4,875.93 | 4,034.11 | 3,746.55 | 2,448.90 | - | 3,668.43 | 4,035.74 | 3,534.03 | 3,773.60 | 3,654.36 | 2,866.75 |

This survey was conducted on 26th – 27th November, 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at spar, macha road, makalanguzu and kalukungu. The November Basic Needs Basket is approximately US\$362 based upon the exchange rate of K10.09 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: basicjctr@jesuits.org.zm Website: www.jctr.org.zm
Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2017-11-30

Choma November 2017 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/996>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)