

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

November 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast	96.98 25kg	2 25kg	193.96
Beans	10.60 kg	3 kg	31.80
Kapenta (Dry)	54.60 kg	2 kg	109.20
Fish (Bream, Dry)	100.00 kg	1 kg	100.00
Beef	28.00 kg	4 kg	112.00
Vegetables	4.25 kg	4 kg	17.00
Tomatoes	12.80 kg	4 kg	51.20
Onion	13.68 kg	2 kg	27.37
Cooking oil (2.5lts)	52.60 Litres	3 Litres	63.12
Bread	10.10 Loaf/day	1 Loaf/day	303.00
Sugar	26.70 2kg	3 2kg	80.10
Milk	7.10 500ml	4 500ml	28.40
Tea	48.67 kg	1 kg	48.67
Eggs	13.80 unit (10 eggs)	2 unit (10 eggs)	27.59
Salt	7.33 kg	1 kg	7.33
SubTotal			ZMW 1,200.74

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	133.20 90kg bag(s)	2 90kg bag(s)	266.40
Soap (Lifebuoy/Champion)	8.08 Tablet(s)	10 Tablet(s)	80.83
Wash soap (BOOM)	9.75 400g	4 400g	39.00
Jelly (Vaseline)	20.17 500ml	1 500ml	20.17
Electricity (medium density)	292.00 95	1 95	292.00
Water & Sanitation (med - fixed)	95.00 95	1 95	95.00
Housing (3 bedroom)	950.00 95	1 95	950.00

Subtotal **ZMW 1,743.40**

Total for Basic Needs and Nutrition Basket **ZMW 2,944.14**

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	450.00	Border-Town	40.00
Grades 8-9 (User + PTA/year)	750.00	Gonder-Town	20.00
Grades 10-12 (User + PTA/year)	1,333.00	Kapata-Town	30.00
School Uniform (Grades 1-7)	280.00		
School Uniform (Grades 8-9)	300.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	40.00	Petrol (per litre)	16.06
Consultation Fee	80.00	Diesel (per litre)	14.65
CD4 Count	80.00	Paraffin (per litre)	11.34

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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Reports

Advocacy on Living Conditions

2018-11-30

Chipata November 2018 Basic Needs and Nutrition Basket Report

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