

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

November 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	157.50 25 kg bag	2 x 25Kg	315.00
Rice	65.34 5kg	4kg	52.27
Cassava Flour	4.12 1kg	6kg	24.72
(Sweet) Potatoes	5.39 1 Kg	4 Kg	21.56
Beans	38.71 1kg	3kg	116.13
Pounded Groundnut	26.77 1kg	1kg	26.77
Soya Pieces	9.67 1 kg	2kg	19.33
Beef	38.67 1kg	2kg	77.33
Chicken	57.56 2kg	5kg	143.90
Kapenta	67.90 1kg	1kg	67.90
Eggs	20.15 1 unit (10 eggs)	3 Trays (90 eggs)	181.33
Milk (Fresh)	5.83 500 ml	10 liters	116.67
Vegetables	283.97 40 Kg	40kg	283.97
Onion	6.15 1 Kg	4 Kg	24.61
Tomatoes	4.64 1 kg	6 kg	27.84
Banana	4.04 1 Kg	16 Kg	64.72
Other Fruits	6.49 1 kg	14 Kg	90.79
Cooking oil (2.5lts)	88.89 2.5lt	3.6lt	128.00
Salt	11.00 1 Kg	1 Kg	11.00
Tea	18.79 250g	250g	18.79
Subtotal			ZMW 1,812.64

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	102.00 90kg bag(s)	2 90kg bag(s)	204.00
Soap (Lifebuoy/Champion)	17.00 Tablet(s)	3 Tablet(s)	51.00
Wash soap (BOOM)	50.17 400g	4 400g	200.67
Jelly (Vaseline)	38.33 500ml	1 500ml	38.33
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,200.00 Month(s)	1 Month(s)	2,200.00
Sanitary towels	41.33 Pack of 10	2 Pack of 10	82.67
Toilet Paper (2ply)	11.33 Tissue(s)	6 Tissue(s)	68.00
Lotion (Dawn)	38.60 250ml	1 250ml	38.60
Subtotal			ZMW 3,303.27
Total for Basic Needs Basket			ZMW 5,115.90

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	444.00	Mitec-Town	10.00
School Uniform (Grades 1-7)	180.00		
School Uniform (Grades 8-9)	225.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	15.98
Malaria test	50.00	Diesel (per litre)	14.23
Consultation Fee	50.00	Paraffin (per litre)	13.02

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,481.17	3,965.76	4,550.44	3,753.48	5,879.44	5,115.90	4,741.37	4,605.87	3,720.49	4,603.30	5,101.80	5,675.18	5,305.61	4,536.86	4,450.34	4,241.56

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 28th November, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, Mitec Market and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The November Basic Needs Basket is approximately US\$349 based upon the average exchange rate of K14.65 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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2019-11-30

Solwezi November 2019 Basic Needs and Nutrition Basket Report

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