

JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

September 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	83.33 25 kg bag	2 x 25Kg	166.66
Rice	125.83 5kg	4kg	100.66
(Sweet) Potatoes	23.55 1 Kg	4 Kg	94.20
Beans	48.56 1kg	3kg	145.67
Pounded Groundnut	42.33 1kg	1kg	42.33
Soya Pieces	44.98 1 kg	2kg	89.95
Beef	46.33 1kg	2kg	92.66
Chicken	130.00 2kg	5kg	325.00
Kapenta	206.46 1kg	1kg	206.46
Eggs	13.39 1 unit (10 eggs)	3 Trays (90 eggs)	120.50
Milk (Fresh)	8.17 500 ml	10 liters	163.30
Vegetables	284.95 40 Kg	40kg	284.95
Onion	17.95 1 Kg	4 Kg	71.79
Tomatoes	13.67 1 kg	6 kg	82.00
Banana	15.08 1 Kg	16 Kg	241.36
Other Fruits	21.67 1 kg	14 Kg	303.33
Cooking oil (2.5lts)	87.50 2.5lt	3.6lt	126.00
Salt	9.60 1 Kg	1 Kg	9.60
Tea	21.08 250g	250g	21.08
SubTotal			ZMW 2,687.49

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	129.60 90kg bag(s)	2 90kg bag(s)	259.20
Soap (Lifebuoy/Champion)	9.83 Tablet(s)	3 Tablet(s)	29.50
Wash soap (BOOM)	14.17 400g	4 400g	56.66
Electricity (medium density)	350.00 Month(s)	1 Month(s)	350.00
Water & Sanitation (med - fixed)	189.00 Month(s)	1 Month(s)	189.00
Housing (3 bedroom)	1,500.00 Month(s)	1 Month(s)	1,500.00
Sanitary towels	19.99 Pack of 10	2 Pack of 10	39.98
Toilet Paper (2ply)	4.06 Tissue(s)	6 Tissue(s)	24.33
Lotion (Dawn)	26.67 250ml	1 250ml	26.67
Subtotal			ZMW 2,475.33
Total for Basic Needs and Nutrition Basket			ZMW 5,162.82

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	100.00		
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
<u>Health</u>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	17.62
Self-referral (Emergency Fee)	50.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,071.37	4,059.66	4,386.81	4,143.46	5,989.51	6,110.27	6,18.49	5,711.22	4,217.60	5,162.82	6,344.55	6,569.49	5,216.06	4,998.58	3,950.07	5,591.40

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th September, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The September Basic Needs Basket is approximately US\$258.594 based upon the exchange rate Of K19.9650. Other costs would include personal care, clothing, recreation, etc.

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Statements

Advocacy on Living Conditions

2020-09-30

Luanshya September 2020 Basic Needs and Nutrition Basket

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