

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

September 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	82.39 25 kg bag	2 x 25Kg	164.78
Rice	207.19 5kg	4kg	165.76
Cassava Flour	37.28 1kg	6kg	223.67
(Sweet) Potatoes	20.28 1 Kg	4 Kg	81.11
Beans	37.97 1kg	3kg	113.90
Pounded Groundnut	24.09 1kg	1kg	24.09
Soya Pieces	19.94 1 kg	2kg	39.88
Beef	35.07 1kg	2kg	70.14
Chicken	75.81 2kg	5kg	189.53
Kapenta	110.10 1kg	1kg	110.10
Eggs	14.63 1 unit (10 eggs)	3 Trays (90 eggs)	131.65
Milk (Fresh)	7.08 500 ml	10 liters	141.65
Vegetables	569.78 40 Kg	40kg	569.78
Onion	21.35 1 Kg	4 Kg	85.42
Tomatoes	21.86 1 kg	6 kg	131.16
Banana	24.14 1 Kg	16 Kg	386.20
Other Fruits	10.98 1 kg	14 Kg	153.71
Cooking oil (2.5lts)	77.42 2.5lt	3.6lt	111.48
Salt	8.47 1 Kg	1 Kg	8.47
Tea	15.90 250g	250g	15.90
SubTotal			ZMW 2,918.37

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	136.00 90kg bag(s)	2 90kg bag(s)	272.00
Soap (Lifebuoy/Champion)	11.63 Tablet(s)	3 Tablet(s)	34.89
Wash soap (BOOM)	17.88 400g	4 400g	71.50
Jelly (Vaseline)	42.50 500g	1 500g	42.50
Electricity (medium density)	350.00 Month(s)	1 Month(s)	350.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,200.00 Month(s)	1 Month(s)	2,200.00
Sanitary towels	24.52 Pack of 10	2 Pack of 10	49.05
Toilet Paper (2ply)	4.07 Tissue(s)	6 Tissue(s)	24.40
Lotion (Dawn)	27.57 250ml	1 250ml	27.57
Subtotal			ZMW 3,191.91

Total for Basic Needs and Nutrition Basket

ZMW 6,110.27

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Mitec-Town	10.00
Grades 8-9 (User + PTA/year)	650.00		
Grades 10-12 (User + PTA/year)	2,250.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	17.62
Consultation Fee	50.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,071.37	4,059.66	4,386.81	4,143.46	5,989.51	6,110.27	6,18.49	5,711.22	4,217.60	5,162.82	6,344.55	6,569.49	5,216.06	4,998.58	3,950.07	5,591.40

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th September, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The September Basic Needs Basket is approximately US\$306.049 based upon the exchange rate of K19.9650. Other costs would include personal care, clothing, recreation, etc.

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2020-09-30

Solwezi September 2020 Basic Needs and Nutrition Basket report

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