

JCTR BASIC NEEDS AND NUTRITION BASKET

Kitwe

February 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Milk (Long life)			
Mealie Meal (Roller)	149.80 25 kg bag	2 x 25Kg	299.60
Rice	94.64 5kg	4kg	75.71
Cassava Flour	12.19 1kg	6kg	73.16
(Sweet) Potatoes	9.13 1 Kg	4 Kg	36.52
Beans	21.48 1kg	3kg	64.44
Pounded Groundnut	16.20 1kg	1kg	16.20
Soya Pieces	34.70 1 kg	2kg	69.41
Beef	38.90 1kg	2kg	77.80
Chicken	58.50 2kg	5kg	146.24
Kapenta	229.19 1kg	1kg	229.19
Eggs	10.13 1 unit (10 eggs)	3 Trays (90 eggs)	91.19
Milk (Fresh)	9.00 500 ml	10 liters	180.00
Vegetables	331.08 40 Kg	40kg	331.08
Onion	16.30 1 Kg	4 Kg	65.20
Tomatoes	13.81 1 kg	6 kg	82.89
Banana	8.63 1 Kg	16 Kg	138.05
Other Fruits	13.56 1 kg	14 Kg	189.88
Cooking oil (2.5lts)	57.10 2.5lt	3.6lt	82.22
Salt	10.00 1 Kg	1 Kg	10.00
SubTotal			ZMW 2,258.78

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	144.00 90kg bag(s)	2 90kg bag(s)	288.00
Soap (Lifebuoy/Champion)	8.10 Tablet(s)	3 Tablet(s)	24.29
Wash soap (BOOM)	9.50 400g	4 400g	37.99
Jelly (Vaseline)	25.50 500ml	1 500ml	25.50
Electricity (medium density)	350.00 Month(s)	1 Month(s)	350.00
Water & Sanitation (med - fixed)	250.00 Month(s)	1 Month(s)	250.00
Housing (3 bedroom)	1,850.00 Month(s)	1 Month(s)	1,850.00
Sanitary towels	17.90 Pack of 10	2 Pack of 10	35.80
Toilet Paper (2ply)	5.40 Tissue(s)	6 Tissue(s)	32.39
Lotion (Dawn)	15.38 250ml	1 250ml	15.38
Subtotal			ZMW 2,909.34

Total for Basic Needs and Nutrition Basket **ZMW 5,168.12**

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round trip)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	200.00	Chamboli-Town	14.00
Grades 10-12 (User + PTA/year)	200.00	Chimwemwe-Town	14.00

<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,015.90	3,882.02	3,873.39	4,135.23	5,855.37	5,780.44	5,703.83	4,387.82	3,886.26	5,275.80	5,168.12	5,905.06	5346.30	4885.84	5,122.10	5,437.68

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 24th February, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Chamboli Market, Nakadoli Market, Chimwemwe Market, Chisokone Market and Town Centre Shoprite. The February Basic Needs Basket is approximately US\$351 based upon the exchange rate Of K14.71. Other costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2020-02-28

Kitwe February 2020 Basic Needs and Nutrition Basket Report

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