

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

February 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	133.40 25 kg bag	2 x 25Kg	266.80
Rice	78.15 5kg	4kg	62.52
Cassava Flour	13.50 1kg	6kg	80.97
(Sweet) Potatoes	8.22 1 Kg	4 Kg	32.89
Beans	27.22 1kg	3kg	81.66
Pounded Groundnut	39.43 1kg	1kg	39.43
Soya Pieces	39.50 1 kg	2kg	78.99
Beef	44.50 1kg	2kg	88.99
Chicken	95.20 2kg	5kg	237.99
Kapenta	225.00 1kg	1kg	225.00
Eggs	14.80 1 unit (10 eggs)	3 Trays (90 eggs)	133.19
Milk (Fresh)	7.80 500 ml	10 liters	155.96
Vegetables	248.54 40 Kg	40kg	248.54
Onion	21.03 1 Kg	4 Kg	84.12
Tomatoes	10.24 1 kg	6 kg	61.43
Banana	16.00 1 Kg	16 Kg	255.92
Other Fruits	17.99 1 kg	14 Kg	251.86
Cooking oil (2.5lts)	63.00 2.5lt	3.6lt	90.72
Salt	9.60 1 Kg	1 Kg	9.60
SubTotal			ZMW 2,486.58

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	112.50 90kg bag(s)	2 90kg bag(s)	225.00
Soap (Lifebuoy/Champion)	8.30 Tablet(s)	3 Tablet(s)	24.89
Wash soap (BOOM)	10.70 400g	4 400g	42.79
Jelly (Vaseline)	23.60 500ml	1 500ml	23.60
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	2,500.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	12.40 Pack of 10	2 Pack of 10	24.80
Toilet Paper (2ply)	2.40 Tissue(s)	6 Tissue(s)	14.40
Lotion (Dawn)	22.00 250ml	1 250ml	22.00
Subtotal			ZMW 3,418.48

Total for Basic Needs and Nutrition Basket

ZMW 5,905.06

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	800.00
Grades 10-12 (User + PTA/year)	800.00

Transport (bus fare round trip)

Health

Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00
Malaria test	25.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	17.62
Diesel (per litre)	15.59
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,015.90	3,882.02	3,873.39	4,135.23	5,855.37	5,780.44	5,703.83	4,387.82	3,886.26	5,275.80	5,168.12	5,905.06	5346.30	4885.84	5,122.10	5,437.68

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 24th February, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, polen and shoprite. The February Basic Needs Basket is approximately US\$401 based upon the exchange rate Of K14.71. Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2020-02-28

Kabwe February 2020 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre For Theological Reflection

<https://hdl.handle.net/20.500.14274/941>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)