

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

May 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	126.71 25 kg bag	2 x 25Kg	253.41
Rice	168.13 5kg	4kg	134.50
Cassava Flour	26.76 1kg	6kg	160.55
(Sweet) Potatoes	7.65 1 Kg	4 Kg	30.59
Beans	29.39 1kg	3kg	88.18
Pounded Groundnut	40.32 1kg	1kg	40.32
Soya Pieces	24.33 1 kg	2kg	48.66
Beef	31.87 1kg	2kg	63.74
Chicken	82.54 2kg	5kg	206.36
Kapenta	89.34 1kg	1kg	89.34
Eggs	16.39 1 unit (10 eggs)	3 Trays (90 eggs)	147.50
Milk (Fresh)	7.53 500 ml	10 liters	150.68
Vegetables	1,225.28 40 Kg	40kg	1,225.28
Onion	55.06 1 Kg	4 Kg	220.25
Tomatoes	18.87 1 kg	6 kg	113.22
Banana	22.03 1 Kg	16 Kg	352.56
Other Fruits	32.45 1 kg	14 Kg	454.37
Cooking oil (2.5lts)	75.77 2.5lt	3.6lt	109.11
Salt	9.62 1 kg	1 Kg	9.62
Tea	20.05 250g	250g	20.05
SubTotal			ZMW 3,918.29

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	153.00 90kg bag(s)	2 90kg bag(s)	306.00
Soap (Lifebuoy/Champion)	21.17 Tablet(s)	3 Tablet(s)	63.50
Wash soap (BOOM)	47.24 400g	4 400g	188.95
Jelly (Vaseline)	45.50 500ml	1 500ml	45.50
Electricity (medium density)	350.00 Month(s)	1 Month(s)	350.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,200.00 Month(s)	1 Month(s)	2,200.00
Sanitary towels	34.83 Pack of 10	2 Pack of 10	69.67
Toilet Paper (2ply)	20.19 Tissue(s)	6 Tissue(s)	121.17
Lotion (Dawn)	43.67 250ml	1 250ml	43.67
Subtotal			ZMW 3,508.44

Total for Basic Needs and Nutrition Basket

ZMW 7,426.74

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Chawama-Town	12.00
Grades 8-9 (User + PTA/year)	1,680.00	Mitec-Town	14.00
Grades 10-12 (User + PTA/year)	2,250.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	17.62
Malaria test	50.00	Diesel (per litre)	15.59
Consultation Fee	50.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,195.60	3,837.93	3,958.03	4,312.65	6,462.77	7,426.74	5,203.05	4,580.96	3,867.66	5,479.33	5,630.43	6,365.72	5,353.84	4,893.93	6,077.84	5,203.27

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th May, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The May Basic Needs Basket is approximately US\$401 based upon the exchange rate of K17.93. Other costs would include personal care, clothing, recreation, etc.

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2020-05-31

Solwezi May 2020 Basic Nutrition and Needs Basket Report

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