

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

July 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	92.00 25 kg bag	2 x 25Kg	184.00
Rice	103.89 5kg	4kg	83.11
Cassava Flour	10.00 1kg	6kg	59.98
(Sweet) Potatoes	9.19 1 Kg	4 Kg	36.76
Beans	25.79 1kg	3kg	77.36
Pounded Groundnut	35.00 1kg	1kg	35.00
Soya Pieces	38.20 1 kg	2kg	76.39
Beef	44.99 1kg	2kg	89.98
Chicken	109.60 2kg	5kg	273.99
Kapenta	237.50 1kg	1kg	237.50
Eggs	14.83 1 unit (10 eggs)	3 Trays (90 eggs)	133.49
Milk (Fresh)	8.40 500 ml	10 liters	167.96
Vegetables	195.87 40 Kg	40kg	195.87
Onion	21.26 1 Kg	4 Kg	85.02
Tomatoes	7.47 1 kg	6 kg	44.83
Banana	11.99 1 Kg	16 Kg	191.84
Other Fruits	24.00 1 kg	14 Kg	335.93
Cooking oil (2.5lts)	83.60 2.5lt	3.6lt	120.38
Salt	9.00 1 kg	1 Kg	9.00
SubTotal			ZMW 2,438.38

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	128.25 90kg bag(s)	1 90kg bag(s)	220.50
Soap (Lifebuoy/Champion)	8.80 Tablet(s)	3 Tablet(s)	26.39
Wash soap (BOOM)	12.10 400g	4 400g	48.39
Jelly (Vaseline)	28.60 500ml	1 500ml	28.60
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	3,000.00 Month(s)	1 Month(s)	3,000.00
Sanitary towels	15.62 Pack of 10	2 Pack of 10	31.24
Toilet Paper (2ply)	3.81 Tissue(s)	6 Tissue(s)	22.87
Lotion (Dawn)	26.40 250ml	1 250ml	26.40
Subtotal			ZMW 3,945.40
Total for Basic Needs and Nutrition Basket			ZMW 6,383.78

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	150.00		
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
<u>Health</u>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00	Petrol (per litre)	17.62
Malaria test	25.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,204.24	3,989.79	3,971.03	4,065.75	5,825.94	6,410.79	5,299.66	4,576.48	4,152.36	5,563.03	5,987.90	6,383.78	5,076.23	4,845.56	5,221.71	5,324.60

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Kamanda, Katondo, Nakoli, Lukanga, Pollen and Shoprite. The July Basic Needs Basket is approximately US\$350.76 based upon the exchange rate Of K18.20. Other costs would include personal care, clothing, recreation, etc.

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2020-07-31

Kabwe July 2020 Basic Needs and Nutrition Basket Report

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