

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

February 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	144.50 25 kg bag	2 x 25Kg	289.00
Rice	129.84 5kg	4kg	103.87
(Sweet) Potatoes	8.87 1 Kg	4 Kg	35.48
Beans	27.15 1kg	3kg	81.44
Pounded Groundnut	29.35 1kg	1kg	29.35
Soya Pieces	26.37 1 kg	2kg	52.75
Beef	33.38 1kg	2kg	66.75
Chicken	122.50 2kg	5kg	306.25
Kapenta	155.32 1kg	1kg	155.32
Eggs	21.25 1 unit (10 eggs)	3 Trays (90 eggs)	191.25
Milk (Fresh)	8.25 500 ml	10 liters	165.00
Vegetables	225.64 40 Kg	40kg	225.64
Onion	15.11 1 Kg	4 Kg	60.44
Tomatoes	9.40 1 kg	6 kg	56.39
Banana	9.95 1 Kg	16 Kg	159.16
Other Fruits	15.58 1 kg	14 Kg	218.13
Cooking oil (2.5lts)	63.75 2.5lt	3.6lt	91.80
Salt	7.75 1 Kg	1 Kg	7.75
SubTotal			ZMW 2,295.75

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	90.00 90kg bag(s)	2 90kg bag(s)	180.00
Soap (Lifebuoy/Champion)	8.88 Tablet(s)	3 Tablet(s)	26.63
Wash soap (BOOM)	11.00 400g	4 400g	44.00
Jelly (Vaseline)	19.00 500ml	1 500ml	19.00
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	250.00 Month(s)	1 Month(s)	250.00
Housing (3 bedroom)	2,000.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	16.38 Pack of 10	2 Pack of 10	32.75
Toilet Paper (2ply)	5.95 Tissue(s)	6 Tissue(s)	35.70
Lotion (Dawn)	20.00 250ml	1 250ml	20.00
Subtotal			ZMW 2,908.08

Total for Basic Needs and Nutrition Basket

ZMW 5,703.83

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	250.00	Manungu	30.00
Grades 10-12 (User + PTA/year)	350.00		
School Uniform (Grades 1-7)	120.00		
School Uniform (Grades 8-12)	300.00		

<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	17.50
Malaria test	20.00	Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,015.90	3,882.02	3,873.39	4,135.23	5,855.37	5,780.44	5,703.83	4,387.82	3,886.26	5,275.80	5,168.12	5,905.06	5346.30	4885.84	5,122.10	5,437.68

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 24th February, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The February Basic Needs Basket is approximately US\$388 based upon the exchange rate Of K14.71. Other costs would include personal care, clothing, recreation, etc

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2020-02-28

Monze February 2020 Basic Needs and Nutrition Basket Report

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