

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

July 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	93.87 25 kg bag	2 x 25Kg	187.74
Rice	126.00 5kg	4kg	100.80
Cassava Flour	26.08 1kg	6kg	156.48
(Sweet) Potatoes	13.32 1 Kg	4 Kg	53.28
Beans	20.61 1kg	3kg	61.83
Pounded Groundnut	27.67 1kg	1kg	27.67
Soya Pieces	20.46 1 kg	2kg	40.92
Beef	33.99 1kg	2kg	67.98
Chicken	76.81 2kg	5kg	192.03
Kapenta	60.92 1kg	1kg	60.92
Eggs	12.61 1 unit (10 eggs)	3 Trays (90 eggs)	113.50
Milk (Fresh)	7.58 500 ml	10 liters	151.65
Vegetables	929.96 40 Kg	40kg	929.96
Onion	23.62 1 Kg	4 Kg	94.46
Tomatoes	21.59 1 kg	6 kg	129.52
Banana	18.79 1 Kg	16 Kg	300.64
Other Fruits	27.40 1 kg	14 Kg	383.65
Cooking oil (2.5lts)	72.25 2.5lt	3.6lt	104.04
Salt	7.75 1 kg	1 Kg	7.75
Tea	20.05 250g	250g	20.05
SubTotal			ZMW 3,184.89

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	141.00 90kg bag(s)	1 90kg bag(s)	253.00
Soap (Lifebuoy/Champion)	12.46 Tablet(s)	3 Tablet(s)	37.39
Wash soap (BOOM)	15.89 400g	4 400g	63.57
Jelly (Vaseline)	51.79 500ml	1 500ml	51.79
Electricity (medium density)	350.00 Month(s)	1 Month(s)	350.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,200.00 Month(s)	1 Month(s)	2,200.00
Sanitary towels	29.66 Pack of 10	2 Pack of 10	59.31
Toilet Paper (2ply)	6.70 Tissue(s)	6 Tissue(s)	40.22
Lotion (Dawn)	50.63 250ml	1 250ml	50.63
Subtotal			ZMW 3,225.90

Total for Basic Needs and Nutrition Basket

ZMW 6,410.79

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Mitec-Town	14.00
Grades 8-9 (User + PTA/year)	444.00		
Grades 10-12 (User + PTA/year)	2,250.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	17.62
Malaria test	50.00	Diesel (per litre)	15.59
Consultation Fee	50.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,204.24	3,989.79	3,971.03	4,065.75	5,825.94	6,410.79	5,299.66	4,576.48	4,152.36	5,563.03	5,987.90	6,383.78	5,076.23	4,695.56	5,221.71	5,324.60

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from Zesco, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The July Basic Needs Basket is approximately US\$352.24 based upon the exchange rate of K18.20. Other costs would include personal care, clothing, recreation, etc

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2020-07-31

Solwezi July 2020 Basic Needs and Nutrition Basket Report

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