

JCTR BASIC NEEDS AND NUTRITION BASKET

Mazabuka

July 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	110.00 25 kg bag	2 x 25Kg	220.00
Rice	82.17 5kg	4kg	65.73
(Sweet) Potatoes	7.58 1 Kg	4 Kg	30.31
Beans	53.35 1kg	3kg	160.05
Pounded Groundnut	58.78 1kg	1kg	58.78
Soya Pieces	25.27 1 kg	2kg	50.53
Beef	36.33 1kg	2kg	72.67
Chicken	60.67 2kg	5kg	151.67
Kapenta	405.60 1kg	1kg	405.60
Eggs	14.33 1 unit (10 eggs)	3 Trays (90 eggs)	129.00
Milk (Fresh)	7.67 500 ml	10 liters	153.33
Vegetables	628.36 40 Kg	40kg	628.36
Onion	32.68 1 Kg	4 Kg	130.73
Tomatoes	5.98 1 kg	6 kg	35.87
Banana	12.42 1 Kg	16 Kg	198.70
Other Fruits	13.35 1 kg	14 Kg	186.90
Cooking oil (2.5lts)	64.72 2.5lt	3.6lt	93.20
Salt	9.00 1 Kg	1 Kg	9.00
Tea	28.00 250g	250g	28.00
SubTotal			ZMW 2,808.42

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	117.00 90kg bag(s)	2 90kg bag(s)	234.00
Soap (Lifebuoy/Champion)	9.33 Tablet(s)	3 Tablet(s)	28.00
Wash soap (BOOM)	13.00 400g	4 400g	52.00
Jelly (Vaseline)	18.33 500ml	1 500ml	18.33
Electricity (medium density)	477.51 Month(s)	1 Month(s)	477.51
Water & Sanitation (med - fixed)	125.00 Month(s)	1 Month(s)	125.00
Housing (3 bedroom)	1,500.00 Month(s)	1 Month(s)	1,500.00
Sanitary towels	14.00 Pack of 10	2 Pack of 10	28.00
Toilet Paper (2ply)	5.00 Tissue(s)	6 Tissue(s)	30.00
Lotion (Dawn)	23.33 250ml	1 250ml	23.33
Subtotal			ZMW 2,516.18

Total for Basic Needs and Nutrition Basket

ZMW 5,324.60

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	250.00	Town to Kabobola	70.00
Grades 8-9 (User + PTA/year)	700.00	Town to Nakambala	35.00
Grades 10-12 (User + PTA/year)	2,400.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Mosquito net (private)	50.00	Petrol (per litre)	17.62
Malaria test	20.00	Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,204.24	3,989.79	3,971.03	4,065.75	5,825.94	6,410.79	5,299.66	4,576.48	4,152.36	5,563.03	5,987.90	6,383.78	5,076.23	4845.56	5,221.71	5,324.60

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Nakambala Market, Kabobola Market, Town Market and Schools, clinics/hospitals, and filling stations around Mazabuka. The July Basic Needs Basket is approximately US\$292.56 based upon the exchange rate Of K18.20. Other costs would include personal care, clothing, recreation, etc

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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2020-07-31

Mazabuka July 2020 Basic Needs and Nutrition Basket Report

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