

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

February 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	122.00 25 kg bag	2 x 25Kg	244.00
Rice	142.67 5kg	4kg	114.13
Cassava Flour	15.00 1kg	6kg	89.97
(Sweet) Potatoes	22.30 1 Kg	4 Kg	89.22
Beans	51.12 1kg	3kg	153.36
Pounded Groundnut	70.99 1kg	1kg	70.99
Soya Pieces	55.18 1 kg	2kg	110.36
Beef	82.99 1kg	2kg	165.98
Chicken	73.98 2kg	5kg	184.95
Kapenta	426.09 1kg	1kg	426.09
Eggs	19.87 1 unit (10 eggs)	3 Trays (90 eggs)	178.79
Milk (Fresh)	14.20 500 ml	10 liters	283.97
Vegetables	504.00 40 Kg	40kg	504.00
Onion	24.94 1 Kg	4 Kg	99.77
Tomatoes	17.84 1 kg	6 kg	107.02
Banana	14.99 1 Kg	16 Kg	239.84
Other Fruits	39.99 1 kg	14 Kg	559.86
Cooking oil (2.5lts)	97.60 2.5lt	3.6lt	140.54
Salt	9.40 1 Kg	1 Kg	9.40
Tea	27.70 250g	250g	27.70
SubTotal			ZMW 3,799.94

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	130.50 90kg bag(s)	2 90kg bag(s)	261.00
Soap (Lifebuoy/Champion)	11.20 Tablet(s)	3 Tablet(s)	33.59
Wash soap (BOOM)	15.20 400g	4 400g	60.79
Jelly (Vaseline)	32.00 500ml	1 500ml	32.00
Electricity (medium density)	190.00 Month(s)	1 Month(s)	190.00
Water & Sanitation (med - fixed)	234.00 Month(s)	1 Month(s)	234.00
Housing (3 bedroom)	2,160.00 Month(s)	1 Month(s)	2,160.00
Sanitary towels	15.60 Pack of 10	2 Pack of 10	31.20
Toilet Paper (2ply)	4.00 Tissue(s)	6 Tissue(s)	23.99
Lotion (Dawn)	27.40 400ml	1 400ml	27.40
Subtotal			ZMW 3,053.97
Total for Basic Needs and Nutrition Basket			ZMW 6,853.91

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<i>Transport (bus fare round)</i>
Item	Amount (ZMW)	
Grades 1-7 (User + PTA/year)	430.00	
Grades 8-9 (User + PTA/year)	750.00	
Grades 10-12 (User + PTA/year)	750.00	
School Uniform	385.00	
Health		<i>Fuel (cost at the pump)</i>
		Item
		Petrol (per litre)
		Diesel (per litre)
		Paraffin (per litre)
		Amount (ZMW)
		17.62
		15.59
		15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,512.31	4,140.66	4,886.58	4,738.68	6,274.28	6,341.32	5,430.74	4,692.96	4,757.20	5,470.09	6,605.92	6,853.91	6,107.43	5,594.66	5,388.13	5,759.64

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th February, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprite. The February Basic Needs Basket is approximately US\$314 based upon the exchange rate Of K21.83 Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2021-02-28

Kabwe February 2021 Basic Needs and Nutrition Basket Report

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