

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

September 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	124.40 25 kg bag	2 x 25Kg	248.80
Rice	83.37 5kg	4kg	66.69
Cassava Flour	21.44 1kg	6kg	128.65
(Sweet) Potatoes	6.84 1 Kg	4 Kg	27.35
Beans	22.38 1kg	3kg	67.15
Pounded Groundnut	29.58 1kg	1kg	29.58
Soya Pieces	40.72 1 kg	2kg	81.44
Beef	67.00 1kg	2kg	134.00
Chicken	109.33 2kg	5kg	273.33
Kapenta	351.00 1kg	1kg	351.00
Eggs	17.44 1 unit (10 eggs)	3 Trays (90 eggs)	157.00
Milk (Fresh)	15.67 500 ml	10 liters	313.30
Vegetables	297.72 40 Kg	40kg	297.72
Onion	12.92 1 Kg	4 Kg	51.68
Tomatoes	10.39 1 kg	6 kg	62.32
Banana	10.93 1 Kg	16 Kg	174.82
Other Fruits	7.99 1 kg	14 Kg	111.86
Cooking oil (2.5lts)	121.50 2.5lt	3.6lt	174.96
Salt	10.67 1 Kg	1 Kg	10.67
Tea	24.00 250g	250g	24.00
SubTotal			ZMW 2,786.31

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	394.80 90kg bag(s)	2 90kg bag(s)	789.60
Soap (Lifebuoy/Champion)	13.60 Tablet(s)	3 Tablet(s)	40.79
Wash soap (BOOM)	16.00 400g	4 400g	63.99
Jelly (Vaseline)	37.80 500ml	1 500ml	37.80
Electricity (medium density)	150.00 Month(s)	1 Month(s)	150.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,500.00 Month(s)	1 Month(s)	1,500.00
Sanitary towels	17.60 Pack of 10	2 Pack of 10	35.20
Toilet Paper (2ply)	3.80 Tissue(s)	6 Tissue(s)	22.79
Lotion (Dawn)	34.80 400ml	1 400ml	34.80
Subtotal			ZMW 2,794.97

Total for Basic Needs and Nutrition Basket

ZMW 5,581.27

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	256.67	Border-Town	20.00
Grades 8-9 (User + PTA/year)	933.33	Gonder-Town	15.00
Grades 10-12 (User + PTA/year)	1,050.00	Kapata-Town	14.00
School Uniform	172.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,474.45	4,256.12	5,184.87	4,995.02	6,655.88	6,580.27	5,024.40	5,581.27	5,659.38	5,893.56	6,896.90	6,853.11	6,072.17	5,580.53	5,342.5	6,160.18

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th September, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata market, Saturday market, Shoprite, Navutika market, Kaumbwe market and magazine market in Chipata. The September Basic Needs Basket is approximately US\$335 based upon the exchange rate of K16.66. Other costs would include personal care, clothing, recreation, etc.

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2020-09-30

chipata September 2020 Basic Needs and Nutrition Basket Report

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