

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

February 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	152.80 25 kg bag	2 x 25Kg	305.60
Rice	67.41 5kg	4kg	53.93
Cassava Flour	3.62 1kg	6kg	21.72
(Sweet) Potatoes	11.78 1 Kg	4 Kg	47.14
Beans	34.76 1kg	3kg	104.29
Pounded Groundnut	21.29 1kg	1kg	21.29
Soya Pieces	9.50 1 kg	2kg	19.00
Beef	36.20 1kg	2kg	72.40
Chicken	57.68 2kg	5kg	144.20
Kapenta	49.68 1kg	1kg	49.68
Eggs	14.56 1 unit (10 eggs)	3 Trays (90 eggs)	131.00
Milk (Fresh)	15.79 500 ml	10 liters	315.86
Vegetables	665.30 40 Kg	40kg	665.30
Onion	9.44 1 Kg	4 Kg	37.74
Tomatoes	5.51 1 kg	6 kg	33.08
Banana	11.40 1 Kg	16 Kg	182.42
Other Fruits	13.79 1 kg	14 Kg	193.06
Cooking oil (2.5lts)	84.86 2.5lt	3.6lt	122.20
Salt	10.60 1 kg	1 Kg	10.60
Tea	15.67 250g	250g	15.67
SubTotal			ZMW 2,546.18

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	138.75 90kg bag(s)	2 90kg bag(s)	277.50
Soap (Lifebuoy/Champion)	8.56 Tablet(s)	3 Tablet(s)	25.69
Wash soap (BOOM)	15.20 400g	4 400g	60.80
Jelly (Vaseline)	41.00 500ml	1 500ml	41.00
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,200.00 Month(s)	1 Month(s)	2,200.00
Sanitary towels	25.50 Pack of 10	2 Pack of 10	51.00
Toilet Paper (2ply)	2.75 Tissue(s)	6 Tissue(s)	16.48
Lotion (Dawn)	41.80 250ml	1 250ml	41.80
Subtotal			ZMW 3,234.26

Total for Basic Needs and Nutrition Basket

ZMW 5,780.44

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round trip)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Mitec-Town	10.00
Grades 8-9 (User + PTA/year)	444.00		
Grades 10-12 (User + PTA/year)	2,250.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	17.62
Consultation Fee	50.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,015.90	3,882.02	3,873.39	4,135.23	5,855.37	5,780.44	5,703.83	4,387.82	3,886.26	5,275.80	5,168.12	5,905.06	5346.30	4885.84	5,122.10	5,437.68

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 24th February, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The February Basic Needs Basket is approximately US\$393 based upon the exchange rate Of K14.71. Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2020-02-28

Solwezi February 2020 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/892>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)