

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

October 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	92.50 25 kg bag	2 x 25Kg	185.00
Rice	87.82 5kg	4kg	70.26
Cassava Flour	13.31 1kg	6kg	79.88
(Sweet) Potatoes	9.89 1 Kg	4 Kg	39.58
Beans	16.73 1kg	3kg	50.20
Pounded Groundnut	15.47 1kg	1kg	15.47
Soya Pieces	33.32 1 kg	2kg	66.64
Beef	41.27 1kg	2kg	82.54
Chicken	85.60 2kg	5kg	214.00
Kapenta	69.45 1kg	1kg	69.45
Eggs	19.40 1 unit (10 eggs)	3 Trays (90 eggs)	174.60
Milk (Fresh)	15.17 500 ml	10 liters	303.30
Vegetables	425.89 40 Kg	40kg	425.89
Onion	12.80 1 Kg	4 Kg	51.19
Tomatoes	11.39 1 kg	6 kg	68.34
Banana	13.02 1 Kg	16 Kg	208.29
Other Fruits	8.17 1 kg	14 Kg	114.41
Cooking oil (2.5lts)	107.00 2.5lt	3.6lt	154.08
Salt	25.00 1 Kg	1 Kg	25.00
Tea	12.17 250g	250g	12.17
SubTotal			ZMW 2,410.26

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	171.00 90kg bag(s)	2 90kg bag(s)	342.00
Soap (Lifebuoy/Champion)	16.50 Tablet(s)	3 Tablet(s)	49.50
Wash soap (BOOM)	25.50 400g	4 400g	101.99
Jelly (Vaseline)	42.80 500ml	1 500ml	42.80
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	154.00 Month(s)	1 Month(s)	154.00
Housing (3 bedroom)	2,284.00 Month(s)	1 Month(s)	2,284.00
Sanitary towels	35.25 Pack of 10	2 Pack of 10	70.50
Toilet Paper (2ply)	3.17 Tissue(s)	6 Tissue(s)	19.03
Lotion (Dawn)	36.17 400ml	1 400ml	36.17
Subtotal			ZMW 3,499.98

Total for Basic Needs and Nutrition Basket

ZMW 5,910.24

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	52.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	600.00	Mitec-Town	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform	232.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,268.72	4,304.31	4,951.37	4,729.38	6,514.69	5,910.24	5,177.39	5,733.44	5,532.51	6,013.29	6,721.78	6,802.68	5,741.79	5,535.56	5,496.14	6,244.81

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th October, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The October Basic Needs Basket is approximately US\$343 based upon the exchange rate Of K17.22. Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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Advocacy on Living Conditions

2021-10-31

Solwezi October 2021 Basic Needs and Nutrition Basket Report

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