

JCTR BASIC NEEDS AND NUTRITION BASKET

Ndola

February 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	138.93 25 kg bag	2 x 25Kg	277.85
Rice	61.62 5kg	4kg	49.29
Cassava Flour	12.48 1kg	6kg	74.90
(Sweet) Potatoes	11.86 1 Kg	4 Kg	47.45
Beans	29.26 1kg	3kg	87.77
Pounded Groundnut	20.77 1kg	1kg	20.77
Soya Pieces	61.29 1 kg	2kg	122.58
Beef	42.63 1kg	2kg	85.27
Chicken	87.16 2kg	5kg	217.89
Kapenta	27.14 1kg	1kg	27.14
Eggs	13.83 1 unit (10 eggs)	3 Trays (90 eggs)	124.49
Milk (Fresh)	9.64 500 ml	10 liters	192.84
Vegetables	369.08 40 Kg	40kg	369.08
Onion	11.95 1 Kg	4 Kg	47.80
Tomatoes	12.05 1 kg	6 kg	72.28
Banana	11.41 1 Kg	16 Kg	182.57
Other Fruits	11.44 1 kg	14 Kg	160.18
Cooking oil (2.5lts)	59.13 2.5lt	3.6lt	85.14
Salt	20.00 1 Kg	1 Kg	20.00
SubTotal			ZMW 2,265.30

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	153.50 90kg bag(s)	2 90kg bag(s)	307.00
Soap (Lifebuoy/Champion)	9.23 Tablet(s)	3 Tablet(s)	27.70
Wash soap (BOOM)	10.80 400g	4 400g	43.20
Jelly (Vaseline)	38.70 500ml	1 500ml	38.70
Electricity (medium density)	566.00 Month(s)	1 Month(s)	566.00
Water & Sanitation (med - fixed)	161.00 Month(s)	1 Month(s)	161.00
Housing (3 bedroom)	2,350.00 Month(s)	1 Month(s)	2,350.00
Sanitary towels	20.56 Pack of 10	2 Pack of 10	41.12
Toilet Paper (2ply)	5.33 Tissue(s)	6 Tissue(s)	31.98
Lotion (Dawn)	23.37 250ml	1 250ml	23.37
Subtotal			ZMW 3,590.08
Total for Basic Needs and Nutrition Basket			ZMW 5,855.37

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round trip)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Ndeke-Town	14.00
Grades 8-9 (User + PTA/year)	750.00	Chifubu-Town	14.00
Grades 10-12 (User + PTA/year)	750.00	Masala-Town	12.00
School Uniform (Grades 1-7)	850.00	Mushili-Town	14.00
School Uniform (Grades 8-12)	860.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	67.50	Petrol (per litre)	17.62
Malaria test	100.00	Diesel (per litre)	15.59
Consultation Fee	1.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,015.90	3,882.02	3,873.39	4,135.23	5,855.37	5,780.44	5,703.83	4,387.82	3,886.26	5,275.80	5,168.12	5,905.06	5346.30	4885.84	5,122.10	5,437.68

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 24th February, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at masala market, Twapia market, Shoprite, pick N pay, mushili market, Lubuto market and Chifubu market. The February Basic Needs Basket is approximately US\$398 based upon the exchange rate Of K14.71. Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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Reports

Advocacy on Living Conditions

2020-02-28

Ndola February 2020 Basic Needs and Nutrition Basket Report

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