

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

February 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	127.24 25 kg bag	2 x 25Kg	254.48
Rice	159.47 5kg	4kg	127.58
Cassava Flour	33.64 1kg	6kg	201.82
(Sweet) Potatoes	18.95 1 Kg	4 Kg	75.81
Beans	39.74 1kg	3kg	119.21
Pounded Groundnut	31.79 1kg	1kg	31.79
Soya Pieces	19.30 1 kg	2kg	38.60
Beef	44.89 1kg	2kg	89.78
Chicken	98.33 2kg	5kg	245.83
Kapenta	68.17 1kg	1kg	68.17
Eggs	18.52 1 unit (10 eggs)	3 Trays (90 eggs)	166.68
Milk (Fresh)	12.00 500 ml	10 liters	240.00
Vegetables	491.27 40 Kg	40kg	491.27
Onion	16.26 1 Kg	4 Kg	65.02
Tomatoes	14.17 1 kg	6 kg	85.04
Banana	12.77 1 Kg	16 Kg	204.30
Other Fruits	12.91 1 kg	14 Kg	180.74
Cooking oil (2.5lts)	111.20 2.5lt	3.6lt	160.12
Salt	12.07 1 Kg	1 Kg	12.07
Tea	12.60 250g	250g	12.60
SubTotal			ZMW 2,870.92

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	180.00 90kg bag(s)	2 90kg bag(s)	360.00
Soap (Lifebuoy/Champion)	14.61 Tablet(s)	3 Tablet(s)	43.82
Wash soap (BOOM)	18.12 400g	4 400g	72.47
Jelly (Vaseline)	41.71 500ml	1 500ml	41.71
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	154.00 Month(s)	1 Month(s)	154.00
Housing (3 bedroom)	2,284.00 Month(s)	1 Month(s)	2,284.00
Sanitary towels	24.11 Pack of 10	2 Pack of 10	48.21
Toilet Paper (2ply)	4.14 Tissue(s)	6 Tissue(s)	24.83
Lotion (Dawn)	41.37 400ml	1 400ml	41.37
Subtotal			ZMW 3,470.40

Total for Basic Needs and Nutrition Basket

ZMW 6,341.32

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	52.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	600.00	Mitec-Town	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform	232.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Compositions of vegetables and fruits

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,512.31	4,140.66	4,886.58	4,738.68	6,274.28	6,341.32	5,430.74	4,692.96	4,757.20	5,470.09	6,605.92	6,853.91	6,107.43	5,594.66	5,388.13	5,759.64

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th February, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The February Basic Needs Basket is approximately US\$290 based upon the exchange rate of K21.83 Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2021-02-28

Solwezi February 2021 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/876>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)