

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

October 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	90.00 25 kg bag	2 x 25Kg	180.00
Rice	187.99 5kg	4kg	150.39
Cassava Flour	15.00 1kg	6kg	89.97
(Sweet) Potatoes	11.95 1 Kg	4 Kg	47.79
Beans	33.06 1kg	3kg	99.19
Pounded Groundnut	35.00 1kg	1kg	35.00
Soya Pieces	44.86 1 kg	2kg	89.72
Beef	46.99 1kg	2kg	93.98
Chicken	86.40 2kg	5kg	215.99
Kapenta	230.00 1kg	1kg	230.00
Eggs	14.93 1 unit (10 eggs)	3 Trays (90 eggs)	134.39
Milk (Fresh)	9.25 500 ml	10 liters	184.95
Vegetables	240.93 40 Kg	40kg	240.93
Onion	12.25 1 Kg	4 Kg	48.99
Tomatoes	10.08 1 kg	6 kg	60.51
Banana	13.21 1 Kg	16 Kg	211.29
Other Fruits	7.50 1 kg	14 Kg	105.00
Cooking oil (2.5lts)	87.00 2.5lt	3.6lt	125.28
Salt	9.00 1 Kg	1 Kg	9.00
SubTotal			ZMW 2,352.37

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	110.25 90kg bag(s)	2 90kg bag(s)	220.50
Soap (Lifebuoy/Champion)	10.30 Tablet(s)	3 Tablet(s)	30.89
Wash soap (BOOM)	13.40 400g	4 400g	53.59
Jelly (Vaseline)	26.80 500ml	1 500ml	26.80
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	2,500.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	14.78 Pack of 10	2 Pack of 10	29.56
Toilet Paper (2ply)	4.00 Tissue(s)	6 Tissue(s)	23.99
Lotion (Dawn)	22.00 250ml	1 250ml	22.00
Subtotal			ZMW 3,448.33

Total for Basic Needs and Nutrition Basket

ZMW 5,800.70

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Petrol (per litre)	17.62
Grades 8-9 (User + PTA/year)	600.00	Diesel (per litre)	15.59
Grades 10-12 (User + PTA/year)	600.00	Paraffin (per litre)	15.39
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00		
Malaria test	25.00		

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,060.29	3,897.18	4,388.03	4,146.22	6,083.79	6,391.27	5,371.89	5,376.94	4,385.59	5,137.41	5,811.99	5,808.70	5,389.03	5,001.70	5,330.01	5,078.07

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th October, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. . Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprte. The October Basic Needs Basket is approximately US\$285 based upon the exchange rate of K20.35. Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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2020-10-31

Kabwe October 2020 Basic Needs and Nutrition Basket Report

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