

JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

February 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	132.00 25 kg bag	2 x 25Kg	264.00
Rice	83.33 5kg	4kg	66.66
Cassava Flour	8.53 1kg	6kg	51.20
(Sweet) Potatoes	11.72 1 Kg	4 Kg	46.87
Beans	33.21 1kg	3kg	99.63
Pounded Groundnut	42.41 1kg	1kg	42.41
Soya Pieces	25.93 1 kg	2kg	51.86
Beef	41.17 1kg	2kg	82.33
Chicken	70.05 2kg	5kg	175.11
Kapenta	220.31 1kg	1kg	220.31
Eggs	12.17 1 unit (10 eggs)	3 Trays (90 eggs)	109.50
Milk (Fresh)	8.00 500 ml	10 liters	159.97
Vegetables	318.45 40 Kg	40kg	318.45
Onion	14.14 1 Kg	4 Kg	56.56
Tomatoes	9.67 1 kg	6 kg	58.02
Banana	14.10 1 Kg	16 Kg	225.67
Other Fruits	39.53 1 kg	14 Kg	553.37
Cooking oil (2.5lts)	65.17 2.5lt	3.6lt	93.84
Salt	10.06 1 Kg	1 Kg	10.06
Tea	10.00 250g	250g	10.00
SubTotal			ZMW 2,695.81

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	128.40 90kg bag(s)	2 90kg bag(s)	256.80
Soap (Lifebuoy/Champion)	8.92 Tablet(s)	3 Tablet(s)	26.75
Wash soap (BOOM)	10.42 400g	4 400g	41.66
Jelly (Vaseline)	27.50 500ml	1 500ml	27.50
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	209.30 Month(s)	1 Month(s)	209.30
Housing (3 bedroom)	1,650.00 Month(s)	1 Month(s)	1,650.00
Sanitary towels	13.83 Pack of 10	2 Pack of 10	27.66
Toilet Paper (2ply)	3.06 Tissue(s)	6 Tissue(s)	18.33
Lotion (Dawn)	22.00 250ml	1 250ml	22.00
Subtotal			ZMW 2,580.00

Total for Basic Needs and Nutrition Basket

ZMW 5,275.80

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round trip)</u>	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	80.00		
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
School Uniform (Grades 1-7)	300.00		
School Uniform (Grades 8-12)	450.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	17.62
Self-referral (Emergency Fee)	50.00	Diesel (per litre)	15.59
Malaria test	10.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,015.90	3,882.02	3,873.39	4,135.23	5,855.37	5,780.44	5,703.83	4,387.82	3,886.26	5,275.80	5,168.12	5,905.06	5346.30	4885.84	5,122.10	5,437.68

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 24th February, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The February Basic Needs Basket is approximately US\$359 based upon the exchange rate Of K14.71. Other costs would include personal care, clothing, recreation, etc.

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2020-02-28

Luanshya February 2020 Basic Needs and Nutrition Basket Report

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