

JCTR BASIC NEEDS AND NUTRITION BASKET

Ndola

February 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	120.57 25 kg bag	2 x 25Kg	241.14
Rice	79.21 5kg	4kg	63.36
Cassava Flour	12.75 1kg	6kg	76.51
(Sweet) Potatoes	14.36 1 Kg	4 Kg	57.43
Beans	22.18 1kg	3kg	66.53
Pounded Groundnut	14.38 1kg	1kg	14.38
Soya Pieces	39.60 1 kg	2kg	79.19
Beef	61.50 1kg	2kg	122.99
Chicken	110.90 2kg	5kg	277.25
Kapenta	54.20 1kg	1kg	54.20
Eggs	21.66 1 unit (10 eggs)	3 Trays (90 eggs)	194.98
Milk (Fresh)	12.28 500 ml	10 liters	245.69
Vegetables	353.56 40 Kg	40kg	353.56
Onion	15.61 1 Kg	4 Kg	62.43
Tomatoes	15.78 1 kg	6 kg	94.70
Banana	17.16 1 Kg	16 Kg	274.53
Other Fruits	20.02 1 kg	14 Kg	280.29
Cooking oil (2.5lts)	108.28 2.5lt	3.6lt	155.93
Salt	25.28 1 Kg	1 Kg	25.28
Tea	106.87 250g	250g	106.87
SubTotal			ZMW 2,847.25

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	261.00 90kg bag(s)	2 90kg bag(s)	522.00
Soap (Lifebuoy/Champion)	11.50 Tablet(s)	3 Tablet(s)	34.49
Wash soap (BOOM)	13.21 400g	4 400g	52.85
Jelly (Vaseline)	45.28 500ml	1 500ml	45.28
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	161.00 Month(s)	1 Month(s)	161.00
Housing (3 bedroom)	2,118.00 Month(s)	1 Month(s)	2,118.00
Sanitary towels	23.28 Pack of 10	2 Pack of 10	46.57
Toilet Paper (2ply)	3.66 Tissue(s)	6 Tissue(s)	21.95
Lotion (Dawn)	24.90 400ml	1 400ml	24.90
Subtotal			ZMW 3,427.03

Total for Basic Needs and Nutrition Basket

ZMW 6,274.28

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	600.00	Chifubu-Town	14.00
Grades 8-9 (User + PTA/year)	600.00	Masala-Town	12.00
Grades 10-12 (User + PTA/year)	1,834.00	Twapia-Town	16.00
		Mushili-Town	14.00
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Registration (book)	2.00	Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,512.31	4,140.66	4,886.58	4,738.68	6,274.28	6,341.32	5,430.74	4,692.96	4,757.20	5,470.09	6,605.92	6,853.91	6,107.43	5,594.66	5,388.13	5,759.64

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th February, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at masala market, Twapia market, Shoprite, pick N pay, mushily market, Lubuto market and Chifubu market. The February Basic Needs Basket is approximately US\$287 based upon the exchange rate Of K21.83 Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2021-02-28

Ndola February 2021 Basic Needs and Nutrition Basket Report

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