

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

October 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	97.50 25 kg bag	2 x 25Kg	195.00
Rice	177.11 5kg	4kg	141.69
(Sweet) Potatoes	9.57 1 Kg	4 Kg	38.26
Beans	33.99 1kg	3kg	101.97
Pounded Groundnut	25.94 1kg	1kg	25.94
Soya Pieces	46.12 1 kg	2kg	92.24
Beef	38.38 1kg	2kg	76.75
Chicken	62.50 2kg	5kg	156.25
Kapenta	145.56 1kg	1kg	145.56
Eggs	15.00 1 unit (10 eggs)	3 Trays (90 eggs)	135.00
Milk (Fresh)	9.75 500 ml	10 liters	195.00
Vegetables	269.09 40 Kg	40kg	269.09
Onion	15.03 1 Kg	4 Kg	60.12
Tomatoes	7.92 1 kg	6 kg	47.49
Banana	10.35 1 Kg	16 Kg	165.60
Other Fruits	28.40 1 kg	14 Kg	397.60
Cooking oil (2.5lts)	87.50 2.5lt	3.6lt	126.00
Salt	8.50 1 Kg	1 Kg	8.50
SubTotal			ZMW 2,378.05

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	110.00 90kg bag(s)	2 90kg bag(s)	220.00
Soap (Lifebuoy/Champion)	11.00 Tablet(s)	3 Tablet(s)	33.00
Wash soap (BOOM)	16.33 400g	4 400g	65.33
Jelly (Vaseline)	22.33 500ml	1 500ml	22.33
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	250.00 Month(s)	1 Month(s)	250.00
Housing (3 bedroom)	2,000.00 Month(s)	1 Month(s)	2,000.00
Sanitary towels	19.00 Pack of 10	2 Pack of 10	38.00
Toilet Paper (2ply)	7.25 Tissue(s)	6 Tissue(s)	43.50
Lotion (Dawn)	21.67 250ml	1 250ml	21.67
Subtotal			ZMW 2,993.83

Total for Basic Needs and Nutrition Basket

ZMW 5,371.89

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	250.00	Manungu	30.00
Grades 10-12 (User + PTA/year)	350.00		

<i>Health</i>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	20.00	Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,060.29	3,897.18	4,388.03	4,146.22	6,083.79	6,391.27	5,371.89	5,376.94	4,385.59	5,137.41	5,811.99	5,808.70	5,389.03	5,001.70	5,330.01	5,078.07

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th October, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The October Basic Needs Basket is approximately US\$264 based upon the exchange rate of K20.35. Other costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2020-10-31

Monze October 2020 Basic Needs and Nutrition Basket Report

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