

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

July 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	166.53 25 kg bag	2 x 25Kg	333.06
Rice	97.72 5kg	4kg	78.17
Cassava Flour	9.11 1kg	6kg	54.66
(Sweet) Potatoes	11.23 1 Kg	4 Kg	44.93
Beans	25.46 1kg	3kg	76.37
Pounded Groundnut	23.78 1kg	1kg	23.78
Soya Pieces	32.39 1 kg	2kg	64.78
Beef	35.83 1kg	2kg	71.66
Chicken	54.75 2kg	5kg	136.86
Kapenta	67.40 1kg	1kg	67.40
Eggs	14.67 1 unit (10 eggs)	3 Trays (90 eggs)	132.00
Milk (Fresh)	8.33 500 ml	10 liters	166.63
Vegetables	209.31 40 Kg	40kg	209.31
Onion	11.66 1 Kg	4 Kg	46.64
Tomatoes	6.87 1 kg	6 kg	41.23
Banana	10.60 1 Kg	16 Kg	169.68
Other Fruits	18.81 1 kg	14 Kg	263.38
Cooking oil (2.5lts)	79.33 2.5lt	3.6lt	114.24
Salt	7.50 1 Kg	1 Kg	7.50
SubTotal			ZMW 2,102.29

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	158.40 90kg bag(s)	1 90kg bag(s)	289.80
Soap (Lifebuoy/Champion)	9.17 Tablet(s)	3 Tablet(s)	27.50
Wash soap (BOOM)	12.33 400g	4 400g	49.33
Jelly (Vaseline)	29.00 500ml	1 500ml	29.00
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,550.00 Month(s)	1 Month(s)	1,550.00
Sanitary towels	13.50 Pack of 10	2 Pack of 10	27.00
Toilet Paper (2ply)	9.17 Tissue(s)	6 Tissue(s)	54.99
Lotion (Dawn)	15.60 250ml	1 250ml	34.59
Subtotal			ZMW 2,474.19
Total for Basic Needs and Nutrition Basket			ZMW 4,576.48

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	700.00	Border-Town	40.00
Grades 10-12 (User + PTA/year)	700.00	Gonder-Town	30.00

<i>Health</i>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	80.00	Petrol (per litre)	17.62
Malaria test	70.00	Diesel (per litre)	15.58
Consultation Fee	150.00	Paraffin (per litre)	15.38
CD4 Count	150.00		
Fast-Track Consultation	200.00		

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,204.24	3,989.79	3,971.03	4,065.75	5,825.94	6,410.79	5,299.66	4,576.48	4,152.36	5,563.03	5,987.90	6,383.78	5,076.23	4,845.56	5,221.71	5,324.60

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata market, Saturday market, Shoprite, Navutika market, Kaumbwe market and magazine market in Chipata. The July Basic Needs Basket is approximately US\$251.45 based upon the exchange rate Of K18.20. Other costs would include personal care, clothing, recreation, etc.

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Reports

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2020-07-31

Chipata July 2020 Basic Needs and Nutrition Basket Report

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