

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

July 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	135.00 25 kg bag	2 x 25Kg	270.00
Rice	62.72 5kg	4kg	50.18
Cassava Flour	9.66 1kg	6kg	57.96
(Sweet) Potatoes	10.71 1 Kg	4 Kg	42.82
Beans	17.07 1kg	3kg	51.22
Pounded Groundnut	14.96 1kg	1kg	14.96
Soya Pieces	26.30 1 kg	2kg	52.60
Beef	50.00 1kg	2kg	100.00
Chicken	60.00 2kg	5kg	150.00
Kapenta	105.00 1kg	1kg	105.00
Eggs	20.00 1 unit (10 eggs)	3 Trays (90 eggs)	180.00
Milk (Fresh)	9.00 500 ml	10 liters	180.00
Vegetables	859.22 40 Kg	40kg	859.22
Onion	17.02 1 Kg	4 Kg	68.07
Tomatoes	12.90 1 kg	6 kg	77.42
Banana	8.81 1 Kg	16 Kg	140.94
Other Fruits	50.65 1 kg	14 Kg	709.11
Cooking oil (2.5lts)	80.00 2.5lt	3.6lt	115.20
Salt	7.00 1 kg	1 Kg	7.00
SubTotal			ZMW 3,231.71

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	75.00 90kg bag(s)	2 90kg bag(s)	150.00
Soap (Lifebuoy/Champion)	12.00 Tablet(s)	3 Tablet(s)	36.00
Wash soap (BOOM)	20.00 400g	4 400g	80.00
Jelly (Vaseline)	20.00 500ml	1 500ml	20.00
Electricity (medium density)	120.00 Month(s)	1 Month(s)	120.00
Water & Sanitation (med - fixed)	194.00 Month(s)	1 Month(s)	194.00
Housing (3 bedroom)	1,300.00 Month(s)	1 Month(s)	1,300.00
Sanitary towels	15.00 Pack of 10	2 Pack of 10	30.00
Toilet Paper (2ply)	5.00 Tissue(s)	6 Tissue(s)	30.00
Lotion (Dawn)	30.00 250ml	1 250ml	30.00
Subtotal			ZMW 1,990.00
Total for Basic Needs and Nutrition Basket			ZMW 5,221.71

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	50.00		
Grades 8-9 (User + PTA/year)	350.00		
Grades 10-12 (User + PTA/year)	350.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	20.00	Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,204.24	3,989.79	3,971.03	4,065.75	5,825.94	6,410.79	5,299.66	4,576.48	4,152.36	5,563.03	5,987.90	6,383.78	5,076.23	4,845.56	5,221.71	5,324.60

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Old market, New market, Kalukungu market and Kabuta market. The July Basic Needs Basket is approximately US\$286.91 based upon the exchange rate Of K18.14. Other costs would include personal care, clothing, recreation, etc.

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Chinsali July 2020 Basic Needs and Nutrition Basket Report

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