JCTR BASIC NEEDS AND NUTRITION BASKET

35.95 1 kg

33.63 1kg

57.50 2kg

142.90 1kg

10.00 1 unit (10 eggs)

8.00 500 ml

226.42 40 Kg 16.76 1 Kg

11.28 1 kg

14.75 1 Kg

6.76 1 kg

69.50 2.5lt

7.75 1 Kg

	Monze					
(A) COST OF BASIC FOOD ITEMS F	OR A FAMILY OF FIVE					
Commodity	Price (ZMW) / Unit					
Mealie Meal (Roller)	164.50 25 kg bag					
Rice	97.83 5kg					
(Sweet) Potatoes	8.20 1 Kg					
Beans	21.07 1kg					
Pounded Groundnut	20.80 1kg					

December 2019

Quantity / Month	Total (ZMW)
2 x 25Kg	329.00
4kg	78.26
4 Kg	32.79
3kg	63.22
1kg	20.80
2kg	71.90
2kg	67.25
5kg	143.75
1kg	142.90
3 Trays (90 eggs)	90.00
10 liters	160.00
40kg	226.42
4 Kg	67.05
6 kg	67.71
16 Kg	236.01
14 Kg	94.66
3.6lt	100.08
1 Kg	7.75
	ZMW 1,999.55

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Soya Pieces

Beef

Chicken

Kapenta

Milk (Fresh)

Vegetables

Onion Tomatoes

Banana

Salt

SubTotal

Subtotal

Other Fruits

Cooking oil (2.5lts)

Eggs

Commodity	Price(ZMW)	/ Unit
Charcoal	90.00	90kg bag(s)
Soap (Lifebuoy/Champion)	9.25	Tablet(s)
Wash soap (BOOM)	10.75	400g
Jelly (Vaseline)	19.63	500ml
Electricity (medium density)	300.00	Month(s)
Water & Sanitation (med - fixed)	250.00	Month(s)
Housing (3 bedroom)	1,800.00	Month(s)
Sanitary towels	29.00	Pack of 10
Toilet Paper (2ply)	4.62	Tissue(s)
Lotion (Dawn)	19.25	250ml

Quantity / Month	Total (ZMW)
2 90kg bag(s)	180.00
3 Tablet(s)	27.75
4 400g	43.00
1 500ml	19.63
1 Month(s)	300.00
1 Month(s)	250.00
1 Month(s)	1,800.00
2 Pack of 10	58.00
6 Tissue(s)	27.75
1 250ml	19.25
	ZMW 2,725.37

ZMW 2

ZMW 4,724.92

Total for Basic Needs and Nutrition Basket (C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	270.00		
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
School Uniform (Grades 1-7)	60.00		
School Uniform (Grades 8-9)	150.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	ltem	Amount (ZMW)
Fast Track / High Cost fee	150.00	Petrol (per litre)	17.62
Self-referral (Emergency Fee)	40.00	Diesel (per litre)	15.59
Malaria test	50.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka Kasam Mansa Mongu Ndola Solwezi Monze Chipata Mpika Luanshy Kitwe Kabwe Livingston Choma Chinsal	
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	a								a			e		i	Mazabuk a
6,620.7 3	3734.1 1	4,595.9 6	3,752.6 8	5,274.1 6	4,875.3 6	4,724.9 2	5,275.7 9	3,475.0 1	4,511.58	5,774.4 5	5,781.1 5	4,807.91	4,606.6 3	4,762.1 8	4,646.23

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg). Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The December Basic Needs Basket is approximately US\$341 based upon the exchange rate Of K13.85. Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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Reports

Advocacy on Living Conditions

2019-12-31

Monze December 2019 Basic Needs and Nutrition Basket Report

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