

JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

October 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	110.60 25 kg bag	2 x 25Kg	221.20
Rice	150.95 5kg	4kg	120.76
Cassava Flour	10.40 1kg	6kg	62.38
(Sweet) Potatoes	10.67 1 Kg	4 Kg	42.66
Beans	35.42 1kg	3kg	106.25
Pounded Groundnut	65.74 1kg	1kg	65.74
Soya Pieces	37.75 1 kg	2kg	75.50
Beef	211.81 1kg	2kg	423.63
Chicken	133.34 2kg	5kg	333.36
Kapenta	188.80 1kg	1kg	188.80
Eggs	18.07 1 unit (10 eggs)	3 Trays (90 eggs)	162.59
Milk (Fresh)	15.80 500 ml	10 liters	315.96
Vegetables	324.73 40 Kg	40kg	324.73
Onion	20.22 1 Kg	4 Kg	80.90
Tomatoes	10.90 1 kg	6 kg	65.43
Banana	17.96 1 Kg	16 Kg	287.30
Other Fruits	29.63 1 kg	14 Kg	414.78
Cooking oil (2.5lts)	98.40 2.5lt	3.6lt	141.69
Salt	9.79 1 Kg	1 Kg	9.79
Tea	38.00 250g	250g	38.00
SubTotal			ZMW 3,481.44

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	238.50 90kg bag(s)	2 90kg bag(s)	477.00
Soap (Lifebuoy/Champion)	14.10 Tablet(s)	3 Tablet(s)	42.29
Wash soap (BOOM)	16.20 400g	4 400g	64.79
Jelly (Vaseline)	38.00 500ml	1 500ml	38.00
Electricity (medium density)	320.00 Month(s)	1 Month(s)	320.00
Water & Sanitation (med - fixed)	224.00 Month(s)	1 Month(s)	224.00
Housing (3 bedroom)	1,260.00 Month(s)	1 Month(s)	1,260.00
Sanitary towels	24.90 Pack of 10	2 Pack of 10	49.80
Toilet Paper (2ply)	4.87 Tissue(s)	6 Tissue(s)	29.20
Lotion (Dawn)	27.40 400ml	1 400ml	27.40
Subtotal			ZMW 2,532.47
Total for Basic Needs and Nutrition Basket			ZMW 6,013.92

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<i>Transport (bus fare round)</i>
Item	Amount (ZMW)	
Grades 1-7 (User + PTA/year)	100.00	
Grades 8-9 (User + PTA/year)	600.00	
Grades 10-12 (User + PTA/year)	600.00	
School Uniform (Grades 1-7)	425.00	
School Uniform (Grades 8-12)	545.00	
Health		<i>Fuel (cost at the pump)</i>

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,268.72	4,304.31	4,951.37	4,729.38	6,514.69	5,910.24	5,177.39	5,733.44	5,532.51	6,013.29	6,721.78	6,802.68	5,741.79	5,535.56	5,496.14	6,244.81

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th October, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The October Basic Needs Basket is approximately US\$349 based upon the exchange rate Of K17.22 Other costs would include personal care, clothing, recreation, etc.

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2021-10-31

Luanshya October 2021 Basic Needs and Nutrition Basket Report

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