

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

March 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	134.60 25 kg bag	2 x 25Kg	269.20
Rice	80.75 5kg	4kg	64.60
Cassava Flour	13.50 1kg	6kg	80.97
(Sweet) Potatoes	6.75 1 Kg	4 Kg	27.00
Beans	31.26 1kg	3kg	93.79
Pounded Groundnut	38.35 1kg	1kg	38.35
Soya Pieces	43.87 1 kg	2kg	87.74
Beef	38.50 1kg	2kg	76.99
Chicken	104.00 2kg	5kg	259.99
Kapenta	225.00 1kg	1kg	225.00
Eggs	14.67 1 unit (10 eggs)	3 Trays (90 eggs)	131.99
Milk (Fresh)	7.26 500 ml	10 liters	145.16
Vegetables	292.84 40 Kg	40kg	292.84
Onion	17.43 1 Kg	4 Kg	69.71
Tomatoes	9.69 1 kg	6 kg	58.16
Banana	11.99 1 Kg	16 Kg	191.84
Other Fruits	29.99 1 kg	14 Kg	419.86
Cooking oil (2.5lts)	66.00 2.5lt	3.6lt	95.04
Salt	7.60 1 Kg	1 Kg	7.60
SubTotal			ZMW 2,635.81

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	117.00 90kg bag(s)	2 90kg bag(s)	234.00
Soap (Lifebuoy/Champion)	8.60 Tablet(s)	3 Tablet(s)	25.79
Wash soap (BOOM)	11.20 400g	4 400g	44.79
Jelly (Vaseline)	23.20 500ml	1 500ml	23.20
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	2,500.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	13.00 Pack of 10	2 Pack of 10	26.00
Toilet Paper (2ply)	7.60 Tissue(s)	6 Tissue(s)	45.59
Lotion (Dawn)	22.00 400ml	1 400ml	22.00
Subtotal			ZMW 3,462.37

Total for Basic Needs and Nutrition Basket

ZMW 6,098.81

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	600.00
Grades 10-12 (User + PTA/year)	600.00
School Uniform (Grades 1-7)	560.99
School Uniform (Grades 8-12)	1,100.00

Transport (bus fare round trip)

Health

item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00
Malaria test	25.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	17.62
Diesel (per litre)	15.59
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,014.13	3,824.00	4,714.12	4,150.68	5,942.35	6,919.12	5,448.97	4,774.06	3,764.91	5,491.01	5,382.93	6,098.18	5,690.61	4,901.28	4,919.24	5,541.09

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th March, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, polen and shoprte. The March Basic Needs Basket is approximately US\$343 based upon the exchange rate Of K17.76. Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2020-03-30

Kabwe March 2020 Basic Needs and Nutrition Basket Report

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