

JCTR BASIC NEEDS AND NUTRITION BASKET

Kitwe

December 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

| Commodity | Price (ZMW) / Unit | Quantity / Month | Total (ZMW) |
|----------------------|------------------------|-------------------|---------------------|
| Mealie Meal (Roller) | 115.00 25 kg bag | 2 x 25Kg | 230.00 |
| Rice | 111.51 5kg | 4kg | 89.21 |
| Cassava Flour | 12.27 1kg | 6kg | 73.64 |
| (Sweet) Potatoes | 13.36 1 Kg | 4 Kg | 53.44 |
| Beans | 49.08 1kg | 3kg | 147.23 |
| Pounded Groundnut | 36.97 1kg | 1kg | 36.97 |
| Soya Pieces | 27.90 1 kg | 2kg | 55.81 |
| Beef | 54.50 1kg | 2kg | 109.00 |
| Chicken | 95.26 2kg | 5kg | 238.14 |
| Kapenta | 100.85 1kg | 1kg | 100.85 |
| Eggs | 15.27 1 unit (10 eggs) | 3 Trays (90 eggs) | 137.39 |
| Milk (Fresh) | 10.40 500 ml | 10 liters | 207.96 |
| Vegetables | 378.07 40 Kg | 40kg | 378.07 |
| Onion | 9.23 1 Kg | 4 Kg | 36.90 |
| Tomatoes | 9.39 1 kg | 6 kg | 56.36 |
| Banana | 11.59 1 Kg | 16 Kg | 185.37 |
| Other Fruits | 9.94 1 kg | 14 Kg | 139.18 |
| Cooking oil (2.5lts) | 87.00 2.5lt | 3.6lt | 125.28 |
| Salt | 14.80 1 Kg | 1 Kg | 14.80 |
| Tea | 22.25 250g | 250g | 22.25 |
| SubTotal | | | ZMW 2,437.85 |

(B) COST OF ESSENTIAL NON-FOOD ITEMS

| Commodity | Price(ZMW) / Unit | Quantity / Month | Total (ZMW) |
|---|--------------------|------------------|---------------------|
| Charcoal | 133.00 90kg bag(s) | 2 90kg bag(s) | 266.00 |
| Soap (Lifebuoy/Champion) | 12.20 Tablet(s) | 3 Tablet(s) | 36.59 |
| Wash soap (BOOM) | 13.50 400g | 4 400g | 53.99 |
| Jelly (Vaseline) | 24.40 500ml | 1 500ml | 24.40 |
| Electricity (medium density) | 300.00 Month(s) | 1 Month(s) | 300.00 |
| Water & Sanitation (med - fixed) | 250.00 Month(s) | 1 Month(s) | 250.00 |
| Housing (3 bedroom) | 2,000.00 Month(s) | 1 Month(s) | 2,000.00 |
| Sanitary towels | 13.30 Pack of 10 | 2 Pack of 10 | 26.60 |
| Toilet Paper (2ply) | 5.19 Tissue(s) | 6 Tissue(s) | 31.13 |
| Lotion (Dawn) | 27.60 400ml | 1 400ml | 27.60 |
| Subtotal | | | ZMW 3,016.31 |
| Total for Basic Needs and Nutrition Basket | | | ZMW 5,454.16 |

(C) SOME OTHER ADDITIONAL COSTS

| Education | | Transport (bus fare round) | |
|--------------------------------|--------------|-----------------------------------|--------------|
| Item | Amount (ZMW) | Item | Amount (ZMW) |
| Grades 1-7 (User + PTA/year) | 200.00 | Chamboli-Town | 16.00 |
| Grades 10-12 (User + PTA/year) | 200.00 | Chimwemwe-Town | 16.00 |
| Health | | Fuel (cost at the pump) | |
| item | Amount (ZMW) | Item | Amount (ZMW) |
| Self-referral (Emergency Fee) | 50.00 | Petrol (per litre) | 17.62 |
| Malaria test | 20.00 | Diesel (per litre) | 15.59 |
| | | Paraffin (per litre) | 15.39 |

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

| Lusaka | Kasama | Mansa | Mongu | Ndola | Solwezi | Monze | Chipata | Mpika | Luanshya | Kitwe | Kabwe | Livingstone | Choma | Chinsali | Mazabuka |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-------------|----------|----------|----------|
| 7,404.05 | 4,281.32 | 4,016.91 | 4,506.16 | 5,977.38 | 5,792.96 | 5,140.81 | 4,679.10 | 4,395.17 | 5,120.98 | 5,454.16 | 6,474.98 | 5,180.64 | 5,583.72 | 5,878.91 | 5,082.07 |

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th December, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Chamboli Market, Nakadoli Market, Chimwemwe Market, Chisokone Market and Town Centre Shoprite. The December Basic Needs Basket is approximately US\$258 based upon the exchange rate Of K21.14 Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2020-12-31

Kitwe December 2020 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/766>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)