

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

December 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	108.60 25 kg bag	2 x 25Kg	217.19
Rice	104.60 5kg	4kg	83.68
Cassava Flour	14.00 1kg	6kg	83.97
(Sweet) Potatoes	21.09 1 Kg	4 Kg	84.35
Beans	52.81 1kg	3kg	158.44
Pounded Groundnut	60.09 1kg	1kg	60.09
Soya Pieces	34.46 1 kg	2kg	68.93
Beef	69.99 1kg	2kg	139.98
Chicken	67.99 2kg	5kg	169.98
Kapenta	371.88 1kg	1kg	371.88
Eggs	19.53 1 unit (10 eggs)	3 Trays (90 eggs)	175.79
Milk (Fresh)	11.00 500 ml	10 liters	219.90
Vegetables	432.25 40 Kg	40kg	432.25
Onion	28.84 1 Kg	4 Kg	115.35
Tomatoes	13.48 1 kg	6 kg	80.90
Banana	11.99 1 Kg	16 Kg	191.84
Other Fruits	13.34 1 kg	14 Kg	186.74
Cooking oil (2.5lts)	90.60 2.5lt	3.6lt	130.46
Salt	8.40 1 Kg	1 Kg	8.40
Tea	24.30 250g	250g	24.30
SubTotal			ZMW 3,004.41

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	113.50 90kg bag(s)	2 90kg bag(s)	227.00
Soap (Lifebuoy/Champion)	10.80 Tablet(s)	3 Tablet(s)	32.39
Wash soap (BOOM)	14.20 400g	4 400g	56.79
Jelly (Vaseline)	31.20 500ml	1 500ml	31.20
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	2,500.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	15.40 Pack of 10	2 Pack of 10	30.80
Toilet Paper (2ply)	4.00 Tissue(s)	6 Tissue(s)	23.99
Lotion (Dawn)	27.40 400ml	1 400ml	27.40
Subtotal			ZMW 3,470.57
Total for Basic Needs and Nutrition Basket			ZMW 6,474.98

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Petrol (per litre)	17.62
Grades 8-9 (User + PTA/year)	600.00	Diesel (per litre)	15.59
Grades 10-12 (User + PTA/year)	600.00	Paraffin (per litre)	15.39
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00	Petrol (per litre)	17.62
Malaria test	30.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,404.05	4,281.32	4,016.91	4,506.16	5,977.38	5,792.96	5,140.81	4,679.10	4,395.17	5,120.98	5,454.16	6,474.98	5,180.64	5,583.72	5,878.91	5,082.07

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th December, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprite. The December Basic Needs Basket is approximately US\$306 based upon the exchange rate of K21.14. Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2020-12-31

Kabwe December 2020 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/764>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)