

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

December 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	103.45 25 kg bag	2 x 25Kg	206.91
Rice	93.10 5kg	4kg	74.48
Cassava Flour	23.83 1kg	6kg	142.99
(Sweet) Potatoes	10.47 1 Kg	4 Kg	41.87
Beans	18.75 1kg	3kg	56.24
Pounded Groundnut	23.94 1kg	1kg	23.94
Soya Pieces	35.17 1 kg	2kg	70.33
Beef	34.17 1kg	2kg	68.33
Chicken	70.99 2kg	5kg	177.48
Kapenta	182.00 1kg	1kg	182.00
Eggs	14.28 1 unit (10 eggs)	3 Trays (90 eggs)	128.50
Milk (Fresh)	8.50 500 ml	10 liters	169.97
Vegetables	270.13 40 Kg	40kg	270.13
Onion	12.49 1 Kg	4 Kg	49.95
Tomatoes	9.16 1 kg	6 kg	54.99
Banana	9.37 1 Kg	16 Kg	149.86
Other Fruits	11.53 1 kg	14 Kg	161.37
Cooking oil (2.5lts)	90.67 2.5lt	3.6lt	130.56
Salt	8.17 1 Kg	1 Kg	8.17
Tea	9.44 250g	250g	9.44
SubTotal			ZMW 2,177.48

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	174.20 90kg bag(s)	2 90kg bag(s)	348.40
Soap (Lifebuoy/Champion)	9.42 Tablet(s)	3 Tablet(s)	28.25
Wash soap (BOOM)	14.17 400g	4 400g	56.66
Jelly (Vaseline)	29.67 500ml	1 500ml	29.67
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,550.00 Month(s)	1 Month(s)	1,550.00
Sanitary towels	15.33 Pack of 10	2 Pack of 10	30.66
Toilet Paper (2ply)	4.50 Tissue(s)	6 Tissue(s)	26.99
Lotion (Dawn)	19.00 400ml	1 400ml	19.00
Subtotal			ZMW 2,501.62
Total for Basic Needs and Nutrition Basket			ZMW 4,679.10

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	550.00	Petrol (per litre)	17.62
Grades 8-9 (User + PTA/year)	700.00	Diesel (per litre)	15.59
Grades 10-12 (User + PTA/year)	700.00	Paraffin (per litre)	15.39
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	200.00	Petrol (per litre)	17.62
Self-referral (Emergency Fee)	80.00	Diesel (per litre)	15.59
Malaria test	70.00	Paraffin (per litre)	15.39

Consultation Fee 150.00

CD4 Count 150.00

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,404.05	4,281.32	4,016.91	4,506.16	5,977.38	5,792.96	5,140.81	4,679.10	4,395.17	5,120.98	5,454.16	6,474.98	5,180.64	5,583.72	5,878.91	5,082.07

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th December, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata market, Saturday market, Shoprite, Navutika market, Kaumbwe market and magazine market in Chipata. The December Basic Needs Basket is approximately US\$221 based upon the exchange rate Of K21.14 Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka.

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2020-12-31

Chipata December 2020 Basic Needs and Nutrition Basket Report

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