

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

November 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	97.40 25 kg bag	2 x 25Kg	194.80
Rice	125.83 5kg	4kg	100.66
(Sweet) Potatoes	10.42 1 Kg	4 Kg	41.67
Beans	31.02 1kg	3kg	93.06
Pounded Groundnut	38.33 1kg	1kg	38.33
Soya Pieces	34.44 1 kg	2kg	68.87
Beef	59.99 1kg	2kg	119.98
Chicken	67.99 2kg	5kg	169.98
Kapenta	258.33 1kg	1kg	258.33
Eggs	15.07 1 unit (10 eggs)	3 Trays (90 eggs)	135.60
Milk (Fresh)	9.90 500 ml	10 liters	198.00
Vegetables	194.92 40 Kg	40kg	194.92
Onion	14.58 1 Kg	4 Kg	58.32
Tomatoes	10.05 1 kg	6 kg	60.27
Banana	16.00 1 Kg	16 Kg	255.92
Other Fruits	29.00 1 kg	14 Kg	405.93
Cooking oil (2.5lts)	86.20 2.5lt	3.6lt	124.13
Salt	8.00 1 Kg	1 Kg	8.00
Tea	24.40 250g	250g	24.40
SubTotal			ZMW 2,551.16

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	111.25 90kg bag(s)	2 90kg bag(s)	222.50
Soap (Lifebuoy/Champion)	10.10 Tablet(s)	3 Tablet(s)	30.29
Wash soap (BOOM)	14.40 400g	4 400g	57.59
Jelly (Vaseline)	30.50 500ml	1 500ml	30.50
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	2,500.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	19.20 Pack of 10	2 Pack of 10	38.40
Toilet Paper (2ply)	4.00 Tissue(s)	6 Tissue(s)	23.99
Lotion (Dawn)	27.40 400ml	1 400ml	27.40
Subtotal			ZMW 3,471.67

Total for Basic Needs and Nutrition Basket

ZMW 6,022.83

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	150.00		
Grades 8-9 (User + PTA/year)	600.00		
School Uniform (Grades 8-12)	600.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00	Petrol (per litre)	17.62
Malaria test	25.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,126.62	4,091.76	4,405.63	4,304.22	6,093.38	6,790.26	5,029.24	4,927.53	4,244.55	5,059.39	5,126.93	6,022.83	5,053.12	5,253.47	5,422.53	5,124.82

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th November, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprite. The November Basic Needs Basket is approximately US\$287 based upon the exchange rate Of K21.02 Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2020-11-30

Kabwe November 2020 Basic Needs and Nutrition Basket Report

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