

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

November 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	108.16 25 kg bag	2 x 25Kg	216.32
Rice	124.14 5kg	4kg	99.32
Cassava Flour	29.29 1kg	6kg	175.74
(Sweet) Potatoes	10.81 1 Kg	4 Kg	43.26
Beans	19.01 1kg	3kg	57.02
Pounded Groundnut	20.43 1kg	1kg	20.43
Soya Pieces	35.17 1 kg	2kg	70.33
Beef	34.17 1kg	2kg	68.33
Chicken	70.99 2kg	5kg	177.48
Kapenta	181.67 1kg	1kg	181.67
Eggs	13.83 1 unit (10 eggs)	3 Trays (90 eggs)	124.50
Milk (Fresh)	10.00 500 ml	10 liters	200.00
Vegetables	355.91 40 Kg	40kg	355.91
Onion	19.48 1 Kg	4 Kg	77.92
Tomatoes	11.67 1 kg	6 kg	70.03
Banana	11.44 1 Kg	16 Kg	183.03
Other Fruits	11.76 1 kg	14 Kg	164.68
Cooking oil (2.5lts)	89.83 2.5lt	3.6lt	129.36
Salt	8.17 1 Kg	1 Kg	8.17
Tea	9.44 250g	250g	9.44
SubTotal			ZMW 2,432.91

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	166.20 90kg bag(s)	2 90kg bag(s)	332.40
Soap (Lifebuoy/Champion)	9.42 Tablet(s)	3 Tablet(s)	28.25
Wash soap (BOOM)	14.17 400g	4 400g	56.66
Jelly (Vaseline)	39.66 500ml	1 500ml	39.66
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,550.00 Month(s)	1 Month(s)	1,550.00
Sanitary towels	15.33 Pack of 10	2 Pack of 10	30.66
Toilet Paper (2ply)	4.33 Tissue(s)	6 Tissue(s)	25.99
Lotion (Dawn)	19.00 400ml	1 400ml	19.00
Subtotal			ZMW 2,494.62
Total for Basic Needs and Nutrition Basket			ZMW 4,927.53

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	550.00	Gonder-Town	30.00
Grades 8-9 (User + PTA/year)	700.00	Kapata-Town	50.00
Grades 10-12 (User + PTA/year)	700.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	80.00	Petrol (per litre)	17.62
Malaria test	70.00	Diesel (per litre)	15.59
Consultation Fee	150.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,126.62	4,091.76	4,405.63	4,304.22	6,093.38	6,790.26	5,029.24	4,927.53	4,244.55	5,059.39	5,126.93	6,022.83	5,053.12	5,253.47	5,422.53	5,124.82

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th November, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata market, Saturday market, Shoprite, Navutika market, Kaumbwe market and magazine market in Chipata. The November Basic Needs Basket is approximately US\$234 based upon the exchange rate Of K21.02 Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2020-11-30

Chipata November 2020 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/746>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)