

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

November 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	92.60 25 kg bag	2 x 25Kg	185.20
Rice	441.55 5kg	4kg	353.24
Cassava Flour	51.08 1kg	6kg	306.47
(Sweet) Potatoes	24.22 1 Kg	4 Kg	96.88
Beans	54.26 1kg	3kg	162.77
Pounded Groundnut	58.80 1kg	1kg	58.80
Soya Pieces	13.50 1 kg	2kg	27.00
Beef	38.20 1kg	2kg	76.40
Chicken	83.20 2kg	5kg	208.00
Kapenta	223.22 1kg	1kg	223.22
Eggs	17.96 1 unit (10 eggs)	3 Trays (90 eggs)	161.67
Milk (Fresh)	10.03 500 ml	10 liters	200.52
Vegetables	549.09 40 Kg	40kg	549.09
Onion	14.75 1 Kg	4 Kg	59.01
Tomatoes	15.52 1 kg	6 kg	93.14
Banana	18.55 1 Kg	16 Kg	296.78
Other Fruits	11.64 1 kg	14 Kg	163.03
Cooking oil (2.5lts)	90.52 2.5lt	3.6lt	130.35
Salt	7.07 1 Kg	1 Kg	7.07
Tea	24.63 250g	250g	24.63
SubTotal			ZMW 3,383.27

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	190.00 90kg bag(s)	2 90kg bag(s)	380.00
Soap (Lifebuoy/Champion)	11.85 Tablet(s)	3 Tablet(s)	35.54
Wash soap (BOOM)	15.00 400g	4 400g	168.00
Jelly (Vaseline)	42.06 500ml	1 500ml	42.06
Electricity (medium density)	350.00 Month(s)	1 Month(s)	350.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,200.00 Month(s)	1 Month(s)	2,200.00
Sanitary towels	23.00 Pack of 10	2 Pack of 10	46.00
Toilet Paper (2ply)	3.78 Tissue(s)	6 Tissue(s)	22.65
Lotion (Dawn)	42.75 400ml	1 400ml	42.75
Subtotal			ZMW 3,406.99
Total for Basic Needs and Nutrition Basket			ZMW 6,790.26

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Petrol (per litre)	17.62
Grades 8-9 (User + PTA/year)	444.00	Diesel (per litre)	15.59
Grades 10-12 (User + PTA/year)	2,250.00	Paraffin (per litre)	15.39
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	17.62
Malaria test	50.00	Diesel (per litre)	15.59
Consultation Fee	50.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,126.62	4,091.76	4,405.63	4,304.22	6,093.38	6,790.26	5,029.24	4,927.53	4,244.55	5,059.39	5,126.93	6,022.83	5,053.12	5,253.47	5,422.53	5,124.82

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th November, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The November Basic Needs Basket is approximately US\$323 based upon the exchange rate Of K21.02 Other costs would include personal care, clothing, recreation, etc.

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2020-11-30

Solwezi November 2020 Basic Needs and Nutrition Basket Report

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