

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

November 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	83.75 25 kg bag	2 x 25Kg	167.50
Rice	139.10 5kg	4kg	111.28
(Sweet) Potatoes	10.39 1 Kg	4 Kg	41.55
Beans	32.81 1kg	3kg	98.43
Pounded Groundnut	65.61 1kg	1kg	65.61
Soya Pieces	38.63 1 kg	2kg	77.26
Beef	35.63 1kg	2kg	71.25
Chicken	63.75 2kg	5kg	159.38
Kapenta	174.40 1kg	1kg	174.40
Eggs	15.33 1 unit (10 eggs)	3 Trays (90 eggs)	138.00
Milk (Fresh)	10.00 500 ml	10 liters	200.00
Vegetables	240.27 40 Kg	40kg	240.27
Onion	10.32 1 Kg	4 Kg	41.27
Tomatoes	8.83 1 kg	6 kg	52.99
Banana	9.43 1 Kg	16 Kg	150.91
Other Fruits	6.41 1 kg	14 Kg	89.75
Cooking oil (2.5lts)	93.50 2.5lt	3.6lt	134.64
Salt	8.50 1 Kg	1 Kg	8.50
Tea	23.50 250g	250g	23.50
SubTotal			ZMW 2,046.49

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	108.75 90kg bag(s)	2 90kg bag(s)	217.50
Soap (Lifebuoy/Champion)	11.25 Tablet(s)	3 Tablet(s)	33.75
Wash soap (BOOM)	16.25 400g	4 400g	65.00
Jelly (Vaseline)	22.50 500ml	1 500ml	22.50
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	250.00 Month(s)	1 Month(s)	250.00
Housing (3 bedroom)	2,000.00 Month(s)	1 Month(s)	2,000.00
Sanitary towels	15.50 Pack of 10	2 Pack of 10	31.00
Toilet Paper (2ply)	6.00 Tissue(s)	6 Tissue(s)	36.00
Lotion (Dawn)	27.00 400ml	1 400ml	27.00
Subtotal			ZMW 2,982.75

Total for Basic Needs and Nutrition Basket

ZMW 5,029.24

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	250.00	Manungu	30.00
Grades 8-9 (User + PTA/year)	350.00		

Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	17.62
Malaria test	20.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,126.62	4,091.76	4,405.63	4,304.22	6,093.38	6,790.26	5,029.24	4,927.53	4,244.55	5,059.39	5,126.93	6,022.83	5,053.12	5,253.47	5,422.53	5,124.82

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th November, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. . Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The November Basic Needs Basket is approximately US\$239 based upon the exchange rate Of K21.02 Other costs would include personal care, clothing, recreation, etc

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2020-11-30

Monze November 2020 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/742>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)