

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

December 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	91.83 25 kg bag	2 x 25Kg	183.66
Rice	199.85 5kg	4kg	159.88
Cassava Flour	36.74 1kg	6kg	220.46
(Sweet) Potatoes	13.33 1 Kg	4 Kg	53.33
Beans	20.85 1kg	3kg	62.55
Pounded Groundnut	27.17 1kg	1kg	27.17
Soya Pieces	32.85 1 kg	2kg	65.69
Beef	43.49 1kg	2kg	86.98
Chicken	130.02 2kg	5kg	325.05
Kapenta	67.30 1kg	1kg	67.30
Eggs	17.44 1 unit (10 eggs)	3 Trays (90 eggs)	157.00
Milk (Fresh)	16.00 500 ml	10 liters	320.00
Vegetables	571.49 40 Kg	40kg	571.49
Onion	19.99 1 Kg	4 Kg	79.95
Tomatoes	11.68 1 kg	6 kg	70.06
Banana	14.72 1 Kg	16 Kg	235.48
Other Fruits	10.49 1 kg	14 Kg	146.81
Cooking oil (2.5lts)	115.50 2.5lt	3.6lt	166.32
Salt	45.16 1 Kg	1 Kg	45.16
Tea	29.36 250g	250g	29.36
SubTotal			ZMW 3,073.70

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	165.80 90kg bag(s)	2 90kg bag(s)	331.60
Soap (Lifebuoy/Champion)	15.17 Tablet(s)	3 Tablet(s)	45.50
Wash soap (BOOM)	11.00 400g	4 400g	44.00
Jelly (Vaseline)	45.94 400ml	1 400ml	45.94
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	154.00 Month(s)	1 Month(s)	154.00
Housing (3 bedroom)	2,284.00 Month(s)	1 Month(s)	2,284.00
Sanitary towels	25.50 Pack of 10	2 Pack of 10	51.00
Toilet Paper (2ply)	23.67 Tissue(s)	6 Tissue(s)	116.99
Lotion (Dawn)	39.49 400ml	1 400ml	39.49
Subtotal			ZMW 3,506.97
Total for Basic Needs and Nutrition Basket			ZMW 6,580.67

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	52.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	600.00	Mitec-Town	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform	232.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	21.16
		Diesel (per litre)	20.15

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,571.56	4,375.06	5,074.81	4,339.81	7,032.24	6,580.67	5,026.31	5,633.84	5,074.16	5,451.88	6,575.25	6,432.76	5,759.26	5,605.12	5,192.44	6,502.74

This survey was conducted on 27th June by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$. based upon the exchange rate Of K22.70. Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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2021-12-31

Solwezi December 2021 Basic Needs and Nutrition Basket Report

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