

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

December 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	109.00 25 kg bag	2 x 25Kg	218.00
Rice	167.35 5kg	4kg	133.88
(Sweet) Potatoes	16.85 1 Kg	4 Kg	67.42
Beans	30.67 1kg	3kg	92.01
Pounded Groundnut	29.64 1kg	1kg	29.64
Soya Pieces	43.10 1 kg	2kg	86.20
Beef	53.75 1kg	2kg	107.50
Chicken	115.00 2kg	5kg	287.50
Kapenta	131.17 1kg	1kg	131.17
Eggs	18.33 1 unit (10 eggs)	3 Trays (90 eggs)	165.00
Milk (Fresh)	16.00 500 ml	10 liters	320.00
Vegetables	358.06 40 Kg	40kg	358.06
Onion	18.37 1 Kg	4 Kg	73.47
Tomatoes	11.14 1 kg	6 kg	66.86
Banana	20.77 1 Kg	16 Kg	332.29
Other Fruits	8.54 1 kg	14 Kg	119.53
Cooking oil (2.5lts)	127.50 2.5lt	3.6lt	183.60
Salt	18.50 1 Kg	1 Kg	18.50
Tea	25.00 250g	250g	25.00
SubTotal			ZMW 2,815.64

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	152.50 90kg bag(s)	2 90kg bag(s)	305.00
Soap (Lifebuoy/Champion)	14.75 Tablet(s)	3 Tablet(s)	44.25
Wash soap (BOOM)	17.00 400g	4 400g	68
Jelly (Vaseline)	29.75 500ml	1 500ml	29.75
Electricity (medium density)	100.00 Month(s)	1 Month(s)	100.00
Water & Sanitation (med - fixed)	214.00 Month(s)	1 Month(s)	214.00
Housing (3 bedroom)	1,300.00 Month(s)	1 Month(s)	1,300.00
Sanitary towels	20.00 Pack of 10	1 Pack of 10	25.00
Toilet Paper (2ply)	34.00 Tissue(s)	1 Tissue(s)	114.00
Lotion (Dawn)	30.75 400ml	1 400ml	22.00
Subtotal			ZMW 2,210.67
Total for Basic Needs and Nutrition Basket			ZMW 5,026.31

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	157.50	Manungu	35.00
Grades 8-9 (User + PTA/year)	225.00		
Grades 10-12 (User + PTA/year)	250.00		
Health		Fuel (cost at the pump)	
		Item	Amount (ZMW)
		Petrol (per litre)	21.16
		Diesel (per litre)	20.15
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,571.56	4,375.06	5,074.81	4,339.81	7,032.24	6,580.67	5,026.31	5,633.84	5,074.16	5,451.88	6,575.25	6,432.76	5,759.26	5,605.12	5,192.44	6,502.74

This survey was conducted on 27th June by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$. based upon the exchange rate Of K22.70. Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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2021-12-31

Monze December 2021 Basic Needs and Nutrition Basket Report

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