

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

May 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	130.17 25 kg bag	2 x 25Kg	260.33
Rice	181.87 5kg	4kg	145.50
Cassava Flour	39.84 1kg	6kg	239.02
(Sweet) Potatoes	6.92 1 Kg	4 Kg	27.66
Beans	32.97 1kg	3kg	98.90
Pounded Groundnut	67.55 1kg	1kg	67.55
Soya Pieces	52.06 1 kg	2kg	104.12
Beef	45.52 1kg	2kg	91.05
Chicken	104.74 2kg	5kg	261.86
Kapenta	123.97 1kg	1kg	123.97
Eggs	25.40 1 unit (10 eggs)	3 Trays (90 eggs)	228.58
Milk (Fresh)	10.27 500 ml	10 liters	205.38
Vegetables	1,144.57 40 Kg	40kg	1,144.57
Onion	51.27 1 Kg	4 Kg	205.06
Tomatoes	37.37 1 kg	6 kg	224.25
Banana	15.00 1 Kg	16 Kg	239.94
Other Fruits	22.74 1 kg	14 Kg	318.35
Cooking oil (2.5lts)	124.78 2.5lt	3.6lt	179.68
Salt	15.74 1 Kg	1 Kg	15.74
Tea	17.72 250g	250g	17.72
SubTotal			ZMW 4,199.23

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	180.00 90kg bag(s)	2 90kg bag(s)	360.00
Soap (Lifebuoy/Champion)	14.90 Tablet(s)	3 Tablet(s)	44.71
Wash soap (BOOM)	25.00 400g	4 400g	100.00
Jelly (Vaseline)	42.80 500ml	1 500ml	42.80
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	154.00 Month(s)	1 Month(s)	154.00
Housing (3 bedroom)	2,284.00 Month(s)	1 Month(s)	2,284.00
Sanitary towels	24.50 Pack of 10	2 Pack of 10	49.00
Toilet Paper (2ply)	3.95 Tissue(s)	6 Tissue(s)	23.71
Lotion (Dawn)	42.70 400ml	1 400ml	42.70
Subtotal			ZMW 3,500.92

Total for Basic Needs and Nutrition Basket

ZMW 7,700.15

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	52.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	600.00	Mitec-Town	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform	232.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,442.24	4,278.53	4,985.24	4,700.14	6,631.73	7,700.15	5,220.14	5,231.51	5,039.81	6,095.54	7,166.36	6,695.95	5,660.09	5,511.45	4,142.79	6,555.64

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th May, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The May Basic Needs Basket is approximately US\$342 based upon the exchange rate of K22.51 Other costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2021-05-31

Solwezi May 2021 Basic Nutrition and Needs Basket Report

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