

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

May 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	140.75 25 kg bag	2 x 25Kg	281.50
Rice	147.81 5kg	4kg	118.25
(Sweet) Potatoes	2.99 1 Kg	4 Kg	11.95
Beans	37.30 1kg	3kg	111.89
Pounded Groundnut	34.83 1kg	1kg	34.83
Soya Pieces	61.55 1 kg	2kg	123.10
Beef	51.38 1kg	2kg	102.75
Chicken	78.75 2kg	5kg	196.88
Kapenta	174.88 1kg	1kg	174.88
Eggs	19.58 1 unit (10 eggs)	3 Trays (90 eggs)	176.25
Milk (Fresh)	14.75 500 ml	10 liters	295.00
Vegetables	242.45 40 Kg	40kg	242.45
Onion	38.43 1 Kg	4 Kg	153.72
Tomatoes	10.37 1 kg	6 kg	62.25
Banana	12.99 1 Kg	16 Kg	207.78
Other Fruits	42.75 1 kg	14 Kg	598.45
Cooking oil (2.5lts)	134.17 2.5lt	3.6lt	193.20
Salt	7.83 1 Kg	1 Kg	7.83
Tea	27.50 250g	250g	27.50
SubTotal			ZMW 3,120.44

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	120.00 90kg bag(s)	2 90kg bag(s)	240.00
Soap (Lifebuoy/Champion)	14.00 Tablet(s)	3 Tablet(s)	42.00
Wash soap (BOOM)	16.50 400g	4 400g	66.00
Jelly (Vaseline)	26.50 500ml	1 500ml	26.50
Electricity (medium density)	100.00 Month(s)	1 Month(s)	100.00
Water & Sanitation (med - fixed)	214.20 Month(s)	1 Month(s)	214.20
Housing (3 bedroom)	1,300.00 Month(s)	1 Month(s)	1,300.00
Sanitary towels	19.50 Pack of 10	2 Pack of 10	39.00
Toilet Paper (2ply)	6.50 Tissue(s)	6 Tissue(s)	39.00
Lotion (Dawn)	33.00 400ml	1 400ml	33.00
Subtotal			ZMW 2,099.70
Total for Basic Needs and Nutrition Basket			ZMW 5,220.14

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	157.50	Manungu	35.00
Grades 8-9 (User + PTA/year)	225.00		
Grades 10-12 (User + PTA/year)	250.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
		Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,442.24	4,278.53	4,985.24	4,700.14	6,631.73	7,700.15	5,220.14	5,231.51	5,039.81	6,095.54	7,166.36	6,695.95	5,660.09	5,511.45	4,142.79	6,555.64

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th May, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The May Basic Needs Basket is approximately US\$232 based upon the exchange rate Of K22.51 Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2021-05-31

Monze May 2021 Basic Nutrition and Needs Basket Report

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