

JCTR BASIC NEEDS AND NUTRITION BASKET

Mansa

May 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	110.50 25 kg bag	2 x 25Kg	221.00
Rice	199.58 5kg	4kg	159.66
Cassava Flour	7.70 1kg	6kg	46.18
(Sweet) Potatoes	7.17 1 Kg	4 Kg	28.70
Beans	23.13 1kg	3kg	69.38
Pounded Groundnut	61.27 1kg	1kg	61.27
Soya Pieces	41.11 1 kg	2kg	82.21
Beef	66.00 1kg	2kg	132.00
Chicken	82.15 2kg	5kg	205.38
Kapenta	150.88 1kg	1kg	150.88
Eggs	20.67 1 unit (10 eggs)	3 Trays (90 eggs)	186.00
Milk (Fresh)	16.00 500 ml	10 liters	319.97
Vegetables	220.85 40 Kg	40kg	220.85
Onion	61.01 1 Kg	4 Kg	244.04
Tomatoes	14.51 1 kg	6 kg	87.05
Banana	13.05 1 Kg	16 Kg	208.83
Other Fruits	16.87 1 kg	14 Kg	236.15
Cooking oil (2.5lts)	128.28 2.5lt	3.6lt	184.72
Salt	12.00 1 Kg	1 Kg	12.00
Tea	25.00 250g	250g	25.00
SubTotal			ZMW 2,881.24

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	183.60 90kg bag(s)	1 90kg bag(s)	331.20
Soap (Lifebuoy/Champion)	12.83 Tablet(s)	3 Tablet(s)	38.50
Wash soap (BOOM)	15.00 400g	4 400g	59.99
Jelly (Vaseline)	32.00 500ml	1 500ml	32.00
Electricity (medium density)	191.00 Month(s)	1 Month(s)	191.00
Water & Sanitation (med - fixed)	115.13 Month(s)	1 Month(s)	115.13
Housing (3 bedroom)	1,233.00 Month(s)	1 Month(s)	1,233.00
Sanitary towels	21.00 Pack of 10	2 Pack of 10	42.00
Toilet Paper (2ply)	4.33 Tissue(s)	6 Tissue(s)	25.99
Lotion (Dawn)	35.20 400ml	1 400ml	35.20
Subtotal			ZMW 2,104.00

Total for Basic Needs and Nutrition Basket

ZMW 4,985.24

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	212.00	Maiteneke-Town	20.00
Grades 8-9 (User + PTA/year)	266.60	Kaole -Town	16.00
Grades 10-12 (User + PTA/year)	1,600.00		
School Uniform (Grades 1-7)	1,000.00		
School Uniform (Grades 8-9)	1,425.00		
School Uniform (Grades 8-12)	1,533.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,442.24	4,278.53	4,985.24	4,700.14	6,631.73	7,700.15	5,220.14	5,231.51	5,039.81	6,095.54	7,166.36	6,695.95	5,660.09	5,511.45	4,142.79	6,555.64

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th May, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from Kaole, Main market, Down town, Chilyapa, Maiteneke and Shoprite. The May Basic Needs Basket is approximately US\$221 based upon the exchange rate Of K22.51. Other costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2021-05-31

Mansa May 2021 Basic Nutrition and Needs Basket Report

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