

JCTR BASIC NEEDS AND NUTRITION BASKET

Kitwe

January 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	121.75 25 kg bag	2 x 25Kg	243.50
Rice	113.38 5kg	4kg	90.71
Cassava Flour	9.96 1kg	6kg	59.76
(Sweet) Potatoes	14.48 1 Kg	4 Kg	57.92
Beans	42.14 1kg	3kg	126.43
Pounded Groundnut	27.23 1kg	1kg	27.23
Soya Pieces	27.23 1 kg	2kg	54.46
Beef	54.00 1kg	2kg	108.00
Chicken	80.82 2kg	5kg	202.05
Kapenta	52.18 1kg	1kg	52.18
Eggs	15.27 1 unit (10 eggs)	3 Trays (90 eggs)	137.39
Milk (Fresh)	11.00 500 ml	10 liters	220.00
Vegetables	452.24 40 Kg	40kg	452.24
Onion	16.06 1 Kg	4 Kg	64.23
Tomatoes	15.56 1 kg	6 kg	93.38
Banana	11.76 1 Kg	16 Kg	188.18
Other Fruits	8.28 1 kg	14 Kg	115.96
Cooking oil (2.5lts)	86.80 2.5lt	3.6lt	124.99
Salt	14.80 1 kg	1 Kg	14.80
Tea	20.30 250g	250g	20.30
SubTotal			ZMW 2,453.68

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	306.00 90kg bag(s)	2 90kg bag(s)	612.00
Soap (Lifebuoy/Champion)	12.20 Tablet(s)	3 Tablet(s)	36.59
Wash soap (BOOM)	13.50 400g	4 400g	53.99
Jelly (Vaseline)	24.40 500ml	1 500ml	24.40
Electricity (medium density)	323.20 Month(s)	1 Month(s)	323.20
Water & Sanitation (med - fixed)	239.76 Month(s)	1 Month(s)	239.76
Housing (3 bedroom)	2,428.00 Month(s)	1 Month(s)	2,428.00
Sanitary towels	13.30 Pack of 10	2 Pack of 10	26.60
Toilet Paper (2ply)	5.19 Tissue(s)	6 Tissue(s)	31.13
Lotion (Dawn)	27.60 400ml	1 400ml	27.60
Subtotal			ZMW 3,803.27

Total for Basic Needs and Nutrition Basket

ZMW 6,256.95

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 10-12 (User + PTA/year)	200.00	Chamboli-Town	14.00
School Uniform (Grades 1-7)		Chimwemwe-Town	14.00
School Uniform (Grades 8-9)	200.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8394.01.	3,854.99	4,886.73	4,402.41	5,982.58	6,420.53	4,693.47	4,918.63	4,359.43	5,246.75	6,256.95	6,734.83	5,407.56	5,358.78	5,479.28	5,027.35

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th January, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Chamboli Market, Nakadoli Market, Chimwemwe Market, Chisokone Market and Town Centre Shoprite. The January Basic Needs Basket is approximately US\$290 based upon the exchange rate Of K21.58 Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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Advocacy on Living Conditions

2021-01-30

Kitwe January 2021 Basic Needs and Nutrition Basket Report

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