

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

January 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	119.60 25 kg bag	2 x 25Kg	239.20
Rice	137.19 5kg	4kg	109.75
Cassava Flour	13.50 1kg	6kg	80.97
(Sweet) Potatoes	28.14 1 Kg	4 Kg	112.58
Beans	56.86 1kg	3kg	170.57
Pounded Groundnut	62.19 1kg	1kg	62.19
Soya Pieces	50.76 1 kg	2kg	101.51
Beef	82.99 1kg	2kg	165.98
Chicken	67.99 2kg	5kg	169.98
Kapenta	372.44 1kg	1kg	372.44
Eggs	27.60 1 unit (10 eggs)	3 Trays (90 eggs)	248.38
Milk (Fresh)	11.25 500 ml	10 liters	224.95
Vegetables	546.80 40 Kg	40kg	546.80
Onion	21.82 1 Kg	4 Kg	87.28
Tomatoes	15.78 1 kg	6 kg	94.70
Banana	12.99 1 Kg	16 Kg	207.84
Other Fruits	39.99 1 kg	14 Kg	559.86
Cooking oil (2.5lts)	90.60 2.5lt	3.6lt	130.46
Salt	8.40 1 Kg	1 Kg	8.40
Tea	21.55 250g	250g	21.55
SubTotal			ZMW 3,715.37

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	114.75 90kg bag(s)	2 90kg bag(s)	229.50
Soap (Lifebuoy/Champion)	11.20 Tablet(s)	3 Tablet(s)	33.59
Wash soap (BOOM)	14.60 400g	4 400g	58.39
Jelly (Vaseline)	31.40 500ml	1 500ml	31.40
Electricity (medium density)	190.00 Month(s)	1 Month(s)	190.00
Water & Sanitation (med - fixed)	234.00 Month(s)	1 Month(s)	234.00
Housing (3 bedroom)	2,160.00 Month(s)	1 Month(s)	2,160.00
Sanitary towels	15.60 Pack of 10	2 Pack of 10	31.20
Toilet Paper (2ply)	4.00 Tissue(s)	6 Tissue(s)	23.99
Lotion (Dawn)	27.40 400ml	1 400ml	27.40
Subtotal			ZMW 3,019.47

Total for Basic Needs and Nutrition Basket

ZMW 6,734.83

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	430.00	Petrol (per litre)	17.62
Grades 8-9 (User + PTA/year)	750.00	Diesel (per litre)	15.59
Grades 10-12 (User + PTA/year)	750.00	Paraffin (per litre)	15.39
School Uniform (Grades 8-12)	385.00		

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8394.01.	3,854.99	4,886.73	4,402.41	5,982.58	6,420.53	4,693.47	4,918.63	4,359.43	5,246.75	6,256.95	6,734.83	5,407.56	5,358.78	5,479.28	5,027.35

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th January, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprite. The January Basic Needs Basket is approximately US\$312 based upon the exchange rate Of K21.58 Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2021-01-30

Kabwe January 2021 Basic Needs and Nutrition Basket Report

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