

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

March 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	128.75 25 kg bag	2 x 25Kg	257.50
Rice	127.25 5kg	4kg	101.80
(Sweet) Potatoes	17.22 1 Kg	4 Kg	68.88
Beans	28.45 1kg	3kg	85.36
Pounded Groundnut	44.43 1kg	1kg	44.43
Soya Pieces	58.20 1 kg	2kg	116.41
Beef	46.38 1kg	2kg	92.75
Chicken	76.25 2kg	5kg	190.63
Kapenta	190.69 1kg	1kg	190.69
Eggs	19.58 1 unit (10 eggs)	3 Trays (90 eggs)	176.25
Milk (Fresh)	11.00 500 ml	10 liters	220.00
Vegetables	253.07 40 Kg	40kg	253.07
Onion	41.46 1 Kg	4 Kg	165.83
Tomatoes	7.29 1 kg	6 kg	43.73
Banana	11.69 1 Kg	16 Kg	187.07
Other Fruits	26.42 1 kg	14 Kg	369.87
Cooking oil (2.5lts)	105.00 2.5lt	3.6lt	151.20
Salt	8.00 1 Kg	1 Kg	8.00
Tea	27.50 250g	250g	27.50
SubTotal			ZMW 2,750.97

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	166.50 90kg bag(s)	2 90kg bag(s)	333.00
Soap (Lifebuoy/Champion)	12.00 Tablet(s)	3 Tablet(s)	36.00
Wash soap (BOOM)	16.50 400g	4 400g	66.00
Jelly (Vaseline)	26.25 500ml	1 500ml	26.25
Electricity (medium density)	100.00 Month(s)	1 Month(s)	100.00
Water & Sanitation (med - fixed)	214.20 Month(s)	1 Month(s)	214.20
Housing (3 bedroom)	1,300.00 Month(s)	1 Month(s)	1,300.00
Sanitary towels	18.25 Pack of 10	2 Pack of 10	36.50
Toilet Paper (2ply)	6.25 Tissue(s)	6 Tissue(s)	37.50
Lotion (Dawn)	33.00 400ml	1 400ml	33.00
Subtotal			ZMW 2,182.45
Total for Basic Needs and Nutrition Basket			ZMW 4,933.42

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	157.50	Manungu	35.00
Grades 8-9 (User + PTA/year)	225.00		
Grades 10-12 (User + PTA/year)	250.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,644.50	4,276.64	4,960.43	4,944.42	6,367.38	6,660.49	4,933.42	5,095.28	4,759.55	5,774.22	6,675.64	7,033.75	6,289.23	5,499.50	5,336.28	5,953.66

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th March, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The March Basic Needs Basket is approximately US\$224 based upon the exchange rate Of K22.04 Other costs would include personal care, clothing, recreation, etc.

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2021-03-30

Monze March 2021 Basic Needs and Nutrition Basket Report

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