

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

May 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	115.00 25 kg bag	2 x 25Kg	230.00
Rice	120.93 5kg	4kg	96.75
Cassava Flour	15.00 1kg	6kg	89.97
(Sweet) Potatoes	19.42 1 Kg	4 Kg	77.67
Beans	62.38 1kg	3kg	187.13
Pounded Groundnut	98.92 1kg	1kg	98.92
Soya Pieces	60.41 1 kg	2kg	120.83
Beef	69.99 1kg	2kg	139.98
Chicken	85.98 2kg	5kg	214.95
Kapenta	459.43 1kg	1kg	459.43
Eggs	19.93 1 unit (10 eggs)	3 Trays (90 eggs)	179.39
Milk (Fresh)	14.80 500 ml	10 liters	295.96
Vegetables	413.98 40 Kg	40kg	413.98
Onion	26.46 1 Kg	4 Kg	105.85
Tomatoes	13.55 1 kg	6 kg	81.31
Banana	14.99 1 Kg	16 Kg	239.84
Other Fruits	26.66 1 kg	14 Kg	373.24
Cooking oil (2.5lts)	125.00 2.5lt	3.6lt	180.00
Salt	11.00 1 kg	1 Kg	11.00
Tea	30.00 250g	250g	30.00
SubTotal			ZMW 3,626.18

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	132.75 90kg bag(s)	2 90kg bag(s)	265.50
Soap (Lifebuoy/Champion)	12.00 Tablet(s)	3 Tablet(s)	35.99
Wash soap (BOOM)	15.40 400g	4 400g	61.59
Jelly (Vaseline)	30.50 500ml	1 500ml	30.50
Electricity (medium density)	190.00 Month(s)	1 Month(s)	190.00
Water & Sanitation (med - fixed)	234.00 Month(s)	1 Month(s)	234.00
Housing (3 bedroom)	2,160.00 Month(s)	1 Month(s)	2,160.00
Sanitary towels	18.40 Pack of 10	2 Pack of 10	36.80
Toilet Paper (2ply)	4.40 Tissue(s)	6 Tissue(s)	26.39
Lotion (Dawn)	29.00 400ml	1 400ml	29.00
Subtotal			ZMW 3,069.77

Total for Basic Needs and Nutrition Basket

ZMW 6,695.95

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)
Item	Amount (ZMW)	
Grades 1-7 (User + PTA/year)	430.00	
Grades 8-9 (User + PTA/year)	750.00	
Grades 10-12 (User + PTA/year)	750.00	
School Uniform (Grades 8-12)	385.00	
Health		Fuel (cost at the pump)
Item	Amount (ZMW)	
Petrol (per litre)	17.62	
Diesel (per litre)	15.59	
Paraffin (per litre)	15.39	

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,442.24	4,278.53	4,985.24	4,700.14	6,631.73	7,700.15	5,220.14	5,231.51	5,039.81	6,095.54	7,166.36	6,695.95	5,660.09	5,511.45	4,142.79	6,555.64

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th May, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprite. The May Basic Needs Basket is approximately US\$297 based upon the exchange rate Of K22.51 Other costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2021-05-31

Kabwe May 2021 Basic Nutrition and Needs Basket Report

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