

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

January 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	108.75 25 kg bag	2 x 25Kg	217.50
Rice	128.01 5kg	4kg	102.41
(Sweet) Potatoes	23.17 1 Kg	4 Kg	92.66
Beans	37.09 1kg	3kg	111.26
Pounded Groundnut	68.22 1kg	1kg	68.22
Soya Pieces	79.17 1 kg	2kg	158.34
Beef	35.88 1kg	2kg	71.75
Chicken	75.00 2kg	5kg	187.50
Kapenta	353.91 1kg	1kg	353.91
Eggs	18.33 1 unit (10 eggs)	3 Trays (90 eggs)	165.00
Milk (Fresh)	11.75 500 ml	10 liters	235.00
Vegetables	255.27 40 Kg	40kg	255.27
Onion	14.37 1 Kg	4 Kg	57.46
Tomatoes	9.38 1 kg	6 kg	56.30
Banana	12.57 1 Kg	16 Kg	201.11
Other Fruits	8.24 1 kg	14 Kg	115.33
Cooking oil (2.5lts)	96.00 2.5lt	3.6lt	138.24
Salt	8.00 1 Kg	1 Kg	8.00
Tea	23.50 250g	250g	23.50
SubTotal			ZMW 2,618.77

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	120.00 90kg bag(s)	2 90kg bag(s)	240.00
Soap (Lifebuoy/Champion)	11.00 Tablet(s)	3 Tablet(s)	33.00
Wash soap (BOOM)	16.25 400g	4 400g	65.00
Jelly (Vaseline)	23.75 500ml	1 500ml	23.75
Electricity (medium density)	100.00 Month(s)	1 Month(s)	100.00
Water & Sanitation (med - fixed)	214.20 Month(s)	1 Month(s)	214.20
Housing (3 bedroom)	1,300.00 Month(s)	1 Month(s)	1,300.00
Sanitary towels	15.50 Pack of 10	2 Pack of 10	31.00
Toilet Paper (2ply)	6.25 Tissue(s)	6 Tissue(s)	37.50
Lotion (Dawn)	30.25 400ml	1 400ml	30.25
Subtotal			ZMW 2,074.70

Total for Basic Needs and Nutrition Basket

ZMW 4,693.47

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	157.50	Manungu	35.00
Grades 8-9 (User + PTA/year)	225.00		
Grades 10-12 (User + PTA/year)	250.00		

Health

<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)
Petrol (per litre)	17.62
Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Compositions of vegetables and fruits

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8394.01.	3,854.99	4,886.73	4,402.41	5,982.58	6,420.53	4,693.47	4,918.63	4,359.43	5,246.75	6,256.95	6,734.83	5,407.56	5,358.78	5,479.28	5,027.35

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th January, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The January Basic Needs Basket is approximately US\$218 based upon the exchange rate Of K21.58 Other costs would include personal care, clothing, recreation, etc.

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2021-01-30

Monze January 2021 Basic Needs and Nutrition Basket Report

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