

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

May 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	111.25 25 kg bag	2 x 25Kg	222.50
Rice	149.85 5kg	4kg	119.88
Cassava Flour	21.24 1kg	6kg	127.44
(Sweet) Potatoes	25.20 1 Kg	4 Kg	100.82
Beans	24.10 1kg	3kg	72.31
Pounded Groundnut	34.99 1kg	1kg	34.99
Soya Pieces	22.05 1 kg	2kg	44.10
Beef	40.00 1kg	2kg	80.00
Chicken	50.00 2kg	5kg	125.00
Kapenta	118.70 1kg	1kg	118.70
Eggs	17.86 1 unit (10 eggs)	3 Trays (90 eggs)	160.71
Milk (Fresh)	9.00 500 ml	10 liters	180.00
Vegetables	348.69 40 Kg	40kg	348.69
Onion	26.69 1 Kg	4 Kg	106.78
Tomatoes	25.09 1 kg	6 kg	150.55
Banana	11.52 1 Kg	16 Kg	184.39
Other Fruits	20.38 1 kg	14 Kg	285.27
Cooking oil (2.5lts)	72.50 2.5lt	3.6lt	104.40
Salt	9.25 1 kg	1 Kg	9.25
SubTotal			ZMW 2,575.79

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	108.00 90kg bag(s)	2 90kg bag(s)	216.00
Soap (Lifebuoy/Champion)	8.00 Tablet(s)	3 Tablet(s)	24.00
Wash soap (BOOM)	23.50 400g	4 400g	94.00
Jelly (Vaseline)	20.00 500ml	1 500ml	20.00
Electricity (medium density)	110.00 Month(s)	1 Month(s)	110.00
Water & Sanitation (med - fixed)	140.50 Month(s)	1 Month(s)	140.50
Housing (3 bedroom)	897.50 Month(s)	1 Month(s)	897.50
Sanitary towels	17.50 Pack of 10	2 Pack of 10	35.00
Toilet Paper (2ply)	5.00 Tissue(s)	6 Tissue(s)	30.00
Subtotal			ZMW 1,567.00
Total for Basic Needs and Nutrition Basket			ZMW 4,142.79

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	86.67	Chibesa-Town	150.00
Grades 8-9 (User + PTA/year)	333.33	Turn off-Town	150.00
Grades 10-12 (User + PTA/year)	333.33		
School Uniform (Grades 8-12)	666.67		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,442.24	4,278.53	4,985.24	4,700.14	6,631.73	7,700.15	5,220.14	5,231.51	5,039.81	6,095.54	7,166.36	6,695.95	5,660.09	5,511.45	4,142.79	6,555.64

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th May, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Old market, New market, Kalukungu market and Kabuta market. The May Basic Needs Basket is approximately US\$184 based upon the exchange rate of K22.51 Other costs would include personal care, clothing, recreation, etc

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2021-05-31

Chinsali May 2021 Basic Nutrition and Needs Basket Report

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