

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

March 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	129.11 25 kg bag	2 x 25Kg	258.22
Rice	149.69 5kg	4kg	119.75
Cassava Flour	29.77 1kg	6kg	178.63
(Sweet) Potatoes	19.87 1 Kg	4 Kg	79.49
Beans	41.35 1kg	3kg	124.06
Pounded Groundnut	39.00 1kg	1kg	39.00
Soya Pieces	17.55 1 kg	2kg	35.11
Beef	45.00 1kg	2kg	90.00
Chicken	97.33 2kg	5kg	243.33
Kapenta	79.91 1kg	1kg	79.91
Eggs	19.19 1 unit (10 eggs)	3 Trays (90 eggs)	172.70
Milk (Fresh)	12.00 500 ml	10 liters	239.90
Vegetables	606.82 40 Kg	40kg	606.82
Onion	28.52 1 Kg	4 Kg	114.09
Tomatoes	14.95 1 kg	6 kg	89.71
Banana	15.57 1 Kg	16 Kg	249.11
Other Fruits	17.45 1 kg	14 Kg	244.29
Cooking oil (2.5lts)	114.95 2.5lt	3.6lt	165.53
Salt	15.36 1 Kg	1 Kg	15.36
Tea	10.97 250g	250g	10.97
SubTotal			ZMW 3,155.97

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	180.00 90kg bag(s)	2 90kg bag(s)	360.00
Soap (Lifebuoy/Champion)	14.61 Tablet(s)	3 Tablet(s)	43.82
Wash soap (BOOM)	24.68 400g	4 400g	98.73
Jelly (Vaseline)	41.71 500ml	1 500ml	41.71
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	154.00 Month(s)	1 Month(s)	154.00
Housing (3 bedroom)	2,284.00 Month(s)	1 Month(s)	2,284.00
Sanitary towels	28.00 Pack of 10	2 Pack of 10	56.00
Toilet Paper (2ply)	4.15 Tissue(s)	6 Tissue(s)	24.90
Lotion (Dawn)	41.37 400ml	1 400ml	41.37
Subtotal			ZMW 3,504.52

Total for Basic Needs and Nutrition Basket

ZMW 6,660.49

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	52.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	600.00	Mitec-Town	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform	232.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,644.50	4,276.64	4,960.43	4,944.42	6,367.38	6,660.49	4,933.42	5,095.28	4,759.55	5,774.22	6,675.64	7,033.75	6,289.23	5,499.50	5,336.28	5,953.66

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th March, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The March Basic Needs Basket is approximately US\$302 based upon the exchange rate of K22.04 Other costs would include personal care, clothing, recreation, etc.

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Reports

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2021-03-31

Solwezi March 2021 Basic Needs and Nutrition Basket Report

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