

JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

July 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	103.00 25 kg bag	2 x 25Kg	206.00
Rice	167.00 5kg	4kg	133.60
Cassava Flour	11.52 1kg	6kg	69.10
(Sweet) Potatoes	6.98 1 Kg	4 Kg	27.91
Beans	37.59 1kg	3kg	112.77
Pounded Groundnut	43.42 1kg	1kg	43.42
Soya Pieces	22.21 1 kg	2kg	44.42
Beef	70.00 1kg	2kg	140.00
Chicken	148.11 2kg	5kg	370.28
Kapenta	166.19 1kg	1kg	166.19
Eggs	20.60 1 unit (10 eggs)	3 Trays (90 eggs)	185.40
Milk (Fresh)	11.00 500 ml	10 liters	220.00
Vegetables	421.36 40 Kg	40kg	421.36
Onion	23.28 1 Kg	4 Kg	93.11
Tomatoes	9.53 1 kg	6 kg	57.18
Banana	21.62 1 Kg	16 Kg	345.90
Other Fruits	45.53 1 kg	14 Kg	637.35
Cooking oil (2.5lts)	108.00 2.5lt	3.6lt	155.52
Salt	9.26 1 Kg	1 Kg	9.26
Tea	23.20 250g	250g	23.20
SubTotal			ZMW 3,461.97

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	250.00 90kg bag(s)	2 90kg bag(s)	500.00
Soap (Lifebuoy/Champion)	15.00 Tablet(s)	3 Tablet(s)	45.00
Wash soap (BOOM)	17.00 400g	4 400g	68.00
Jelly (Vaseline)	32.80 500ml	1 500ml	32.80
Electricity (medium density)	320.00 Month(s)	1 Month(s)	320.00
Water & Sanitation (med - fixed)	224.00 Month(s)	1 Month(s)	224.00
Housing (3 bedroom)	1,260.00 Month(s)	1 Month(s)	1,260.00
Sanitary towels	20.00 Pack of 10	2 Pack of 10	40.00
Toilet Paper (2ply)	4.10 Tissue(s)	6 Tissue(s)	24.60
Lotion (Dawn)	35.00 400ml	1 400ml	35.00
Subtotal			ZMW 2,549.40

Total for Basic Needs and Nutrition Basket

ZMW 6,011.37

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	100.00	Roan - Kalala	12.00
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
School Uniform (Grades 1-7)	425.00		
School Uniform (Grades 8-12)	545.00		

Health

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	17.62
Diesel (per litre)	15.59
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,495.52	4,502.47	5,139.10	4,885.48	6,856.41	7,672.73	5,465.83	5,721.86	5,417.16	6,011.37	7,343.97	6,945.21	5,610.84	5,667.17	5,962.13	7,071.33

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The July Basic Needs Basket is approximately US\$313 based upon the exchange rate Of K19.20 Other costs would include personal care, clothing, recreation, etc.

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2021-07-31

Luanshya July 2021 Basic Needs and Nutrition Basket Report

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