

# JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

December 2021

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	97.80 25 kg bag	2 x 25Kg	195.60
Rice	113.40 5kg	4kg	90.72
Cassava Flour	16.50 1kg	6kg	98.97
(Sweet) Potatoes	22.18 1 Kg	4 Kg	88.73
Beans	45.67 1kg	3kg	137.01
Pounded Groundnut	81.82 1kg	1kg	81.82
Soya Pieces	62.80 1 kg	2kg	125.61
Beef	61.00 1kg	2kg	121.99
Chicken	159.33 2kg	5kg	398.32
Kapenta	360.37 1kg	1kg	360.37
Eggs	19.13 1 unit (10 eggs)	3 Trays (90 eggs)	172.20
Milk (Fresh)	14.20 500 ml	10 liters	283.96
Vegetables	539.93 40 Kg	40kg	539.93
Onion	25.93 1 Kg	4 Kg	103.71
Tomatoes	13.58 1 kg	6 kg	81.46
Banana	12.35 1 Kg	16 Kg	197.55
Other Fruits	10.75 1 kg	14 Kg	150.48
Cooking oil (2.5lts)	105.00 2.5lt	3.6lt	151.20
Salt	16.00 1 Kg	1 Kg	16.00
Tea	40.40 250g	250g	40.40
<b>SubTotal</b>			<b>ZMW 3,354.19</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	140.00 90kg bag(s)	2 90kg bag(s)	280.00
Soap (Lifebuoy/Champion)	13.80 Tablet(s)	3 Tablet(s)	41.39
Wash soap (BOOM)	15.40 400g	4 400g	45.40
Electricity (medium density)	190.00 Month(s)	1 Month(s)	190.00
Water & Sanitation (med - fixed)	234.00 Month(s)	1 Month(s)	234.00
Housing (3 bedroom)	2,160.00 Month(s)	1 Month(s)	2,160.00
Jelly (Vaseline)	36.80 500ml	1 500ml	36.80
Sanitary towels	18.80 Pack of 10	2 Pack of 10	37.60
Toilet Paper (2ply)	4.40 Tissue(s)	6 Tissue(s)	26.39
Lotion (Dawn)	27.00 400ml	1 400ml	27.00
<b>Subtotal</b>			<b>ZMW 3,078.57</b>
<b>Total for Basic Needs and Nutrition Basket</b>			<b>ZMW 6,432.76</b>

## (C) SOME OTHER ADDITIONAL COSTS

<b>Education</b>		<b>Transport (bus fare round)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	600.00	Petrol (per litre)	21.16
Grades 10-12 (User + PTA/year)	600.00	Diesel (per litre)	20.15
School Uniform (Grades 8-12)	200.00		

**(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA**

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,571.56	4,375.06	5,074.81	4,339.81	7,032.24	6,580.67	5,026.31	5,633.84	5,074.16	5,451.88	6,575.25	6,432.76	5,759.26	5,605.12	5,192.44	6,502.74

This survey was conducted on 27th June by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$.. based upon the exchange rate Of K22.70. Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

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# Kabwe December 2021 Basic Needs and Nutrition Basket Report

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