

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

December 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	118.80 25 kg bag	2 x 25Kg	237.60
Rice	86.75 5kg	4kg	69.40
Cassava Flour	21.36 1kg	6kg	128.16
(Sweet) Potatoes	13.85 1 Kg	4 Kg	55.41
Beans	28.47 1kg	3kg	85.42
Pounded Groundnut	41.05 1kg	1kg	41.05
Soya Pieces	35.26 1 kg	2kg	70.52
Beef	75.33 1kg	2kg	150.66
Chicken	154.00 2kg	5kg	384.99
Kapenta	127.40 1kg	1kg	127.40
Eggs	19.73 1 unit (10 eggs)	3 Trays (90 eggs)	177.59
Milk (Fresh)	16.20 500 ml	10 liters	324.00
Vegetables	490.44 40 Kg	40kg	490.44
Onion	20.56 1 Kg	4 Kg	82.22
Tomatoes	14.85 1 kg	6 kg	89.10
Banana	20.71 1 Kg	16 Kg	331.41
Other Fruits	13.10 1 kg	14 Kg	183.46
Cooking oil (2.5lts)	110.94 2.5lt	3.6lt	159.76
Salt	13.67 1 Kg	1 Kg	13.67
Tea	34.00 250g	250g	34.00
SubTotal			ZMW 3,236.28

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	178.00 90kg bag(s)	2 90kg bag(s)	356.00
Soap (Lifebuoy/Champion)	16.08 Tablet(s)	3 Tablet(s)	48.25
Wash soap (BOOM)	20.00 400g	4 400g	80.00
Jelly (Vaseline)	39.33 500ml	1 500ml	39.33
Electricity (medium density)	150.00 Month(s)	1 Month(s)	150.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,500.00 Month(s)	1 Month(s)	1,500.00
Sanitary towels	17.00 Pack of 10	1 Pack of 10	31.50
Toilet Paper (2ply)	6.83 Tissue(s)	6 Tissue(s)	40.99
Lotion (Dawn)	34.33 400ml	1 400ml	34.33

Subtotal **ZMW 2,397.56**

Total for Basic Needs and Nutrition Basket **ZMW 5,633.84**

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	256.67	Border-Town	20.00
Grades 8-9 (User + PTA/year)	933.33	Gonder-Town	15.00
Grades 10-12 (User + PTA/year)	1,050.00	Kapata-Town	14.00
School Uniform (Grades 1-7)	172.00		

Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	21.16

Diesel (per litre)

20.15

Paraffin (per litre)

15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,571.56	4,375.06	5,074.81	4,339.81	7,032.24	6,580.67	5,026.31	5,633.84	5,074.16	5,451.88	6,575.25	6,432.76	5,759.26	5,605.12	5,192.44	6,502.74

This survey was conducted on 27th June by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$. based upon the exchange rate Of K22.70. Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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2021-12-31

Chipata December 2021 Basic Needs and Nutrition Basket Report

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